

Feeling Alone? We've Got Your Back.

Connect with other young people at TurningPointCT.org,
CT's online peer support community.



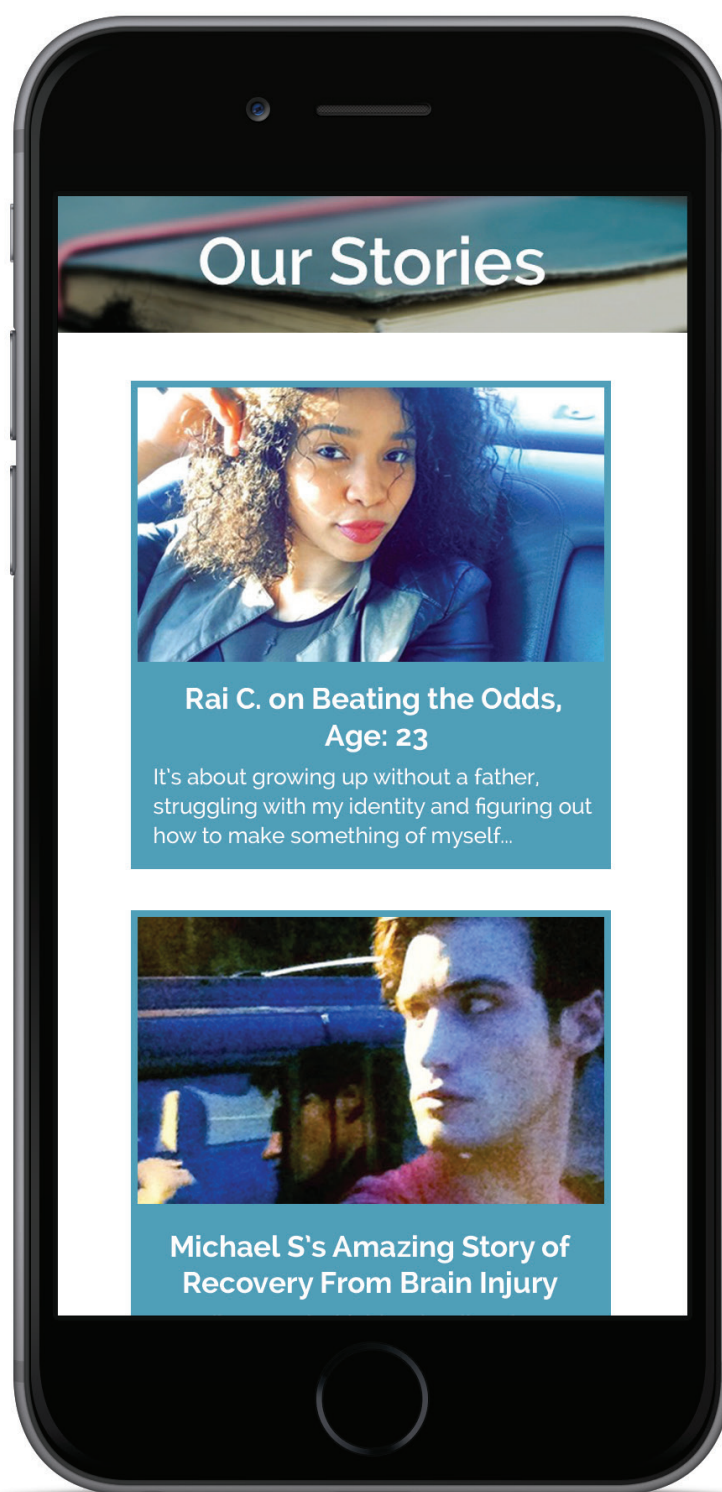
Q&A Guide

You can get better. We can help. Discover the people who can truly guide you, from peers to professionals.



Resource Map

Explore a map of social, recreational, and clinical resources for young people around the state.



Discussion Forum

Connect with other young people about emotional and mental health and substance use issues.



Media Room

Check out the latest features and share your news, artwork, poems, or videos.



Personal Stories

Check out stories from young people across the state. We've been there—and look how far we've come!



Facts & Resources

Mental health, mental illness, addiction and recovery: let us give you the lowdown.

TURNING

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CT.ORG

TurningPointCT.org was developed by young people in Connecticut who are in recovery from mental health and substance use issues.



Guiding the search
for mental wellness