

# **2011 Youth Survey Report Westport, Connecticut**

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The 2011 Westport survey was derived from the GPIY survey, which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000 in towns and regional districts across the state, including Westport [1]. The GPIY survey, originally in paper format, was adapted for on-line administration in 2006, and has been used in more than 20 Connecticut towns. The survey is designed to ascertain prevalence, attitudes and behaviors related to use of substances (tobacco, alcohol, illicit drugs and other substances, and misuse of prescription drugs). Refinements to the survey by prevention coalitions in several Connecticut towns have been incorporated, and are gratefully acknowledged. The language of the questions and the structure of the report are closely aligned with the original GPIY survey.

The author sincerely appreciates the cooperation of the administration and teachers of Westport Public Schools, in supervising the administration of the survey. Special thanks go to the youths who shared their personal experiences and opinions. All results of the survey are anonymous, and are reflective of the entire community, not primarily its schools. Comparisons utilize the Westport GPIY surveys of 2000 [1] and 2002 [2], the Monitoring The Future (MTF) national survey of 2010 [3], and GPIY surveys given in six Connecticut towns in Demographic Reference Groups A, B, and C (Westport is DRG-A) [4].

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## SUMMARY

April of 2011 marked the second time the Governor's Prevention Initiative for Youth (GPIY) survey was given to representative samples of Westport youth. In 2000 it was given to 434 students in grades 7-10, and in 2011 to 1,009 students in grades 7-11. The survey monitors the use of substances (alcohol, tobacco, marijuana and other illicit drugs, inhalants, prescription drugs without a medical order, and energy drinks), as well as attitudes and behaviors possibly related to substance use.

In the 11 years since the first GPIY survey, cigarette smoking has decreased dramatically in grades 7-10, by about 10-fold. As affirmation of the influence of parents, a youth with a parent who smokes cigarettes was 5 times more likely to smoke than if neither parent smokes. A youth who drinks alcohol was twice as likely to have parents who drink. Also, a youth whose parent smokes was more likely to have physician-diagnosed asthma (17%) than if neither parent smokes (10%). Cigarette smoking was almost entirely limited to marijuana users, by a ratio of 20-to-1 compared to non-users. A few older boys reported using non-cigarette tobacco products.

The use of both 30-day alcohol and marijuana has also decreased substantially since 2000. In grades 9-10, the prevalence of 30-day use of alcohol decreased from 57% (2000) to 56% (2002) to 31% (2011). Marijuana use decreased from 27% (2000) to 23% (2002) to 12% (2011). Use of marijuana in grade 8 is below national and Connecticut averages, and is about the same as other averages in grade 10. Lifetime use of illicit drugs like cocaine, heroin, or angel dust (PCP) is almost unknown in Westport. By grade 10 or 11, a few youth report having tried LSD, ecstasy (MDMA), salvia, or a synthetic cannabinoid like K2 or "spice". Increasing abuse of medicines like pain relief drugs and stimulants like Adderall or Ritalin is receiving attention nationally. Use reported so far by Westport youth is low, about 4-6%, but bears watching.

Youth who use one substance are likely to use others as well, an association also seen in other towns. For example, 21% of marijuana users also smoke cigarettes compared to fewer than 1% of non-users, and 11% of marijuana users have used another illicit drug in the past 30 days compared to 0.7% of marijuana non-users. Included in the Westport survey are energy drinks, with their high caffeine content and possible gateway effects. Recent alcohol drinkers report two times the frequency of energy drink consumption, compared to non-drinkers.

Youth who reported drinking alcohol in the past 30 days are compared with youth who did not, in a statistical procedure that separates the effect of drinking from the effect of age. Results provide a snapshot of youth who are at higher risk of use of alcohol and other substances. Compared to non-users, 30-day users of alcohol were less likely to talk over problems with parents or teachers, were more skeptical of various means of discouraging underage drinking, and expressed more leniency toward some types of "antisocial" behavior, such as physical assault, cheating on tests, and engaging in gambling activities. Alcohol users also spent more time in social activities like hanging out with friends and talking on the phone, and they spent less time reading or using computers. When asked why teens decide to drink or not, alcohol users felt that peer pressure, the disapproval of friends, and education about alcohol were all less important than non-users did.

Two "core measures" which are associated with substance use are perception of personal harm from regular use, and perception of disapproval by one's parents. When prevalence of use is plotted against degree of perceived harm or disapproval, it is clear that the highest prevalence of drinking occurs when youth perceive little or no parental disapproval – in support of the idea mentioned above, that parental opinion and example are important.

## METHODS

This youth survey was administered to Westport Public School students in grades 7-11 during April 7-14, 2011. The survey is an on-line version of the Connecticut Governor's Prevention Initiative for Youth (GPIY) Youth Survey for 6<sup>th</sup>-12<sup>th</sup> Grade, given in Westport to grades 7-10 in spring of 2000 [1] and 2002 [2]. The survey has been modified over the past several years to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Department of Community Medicine & Health Care of the University of Connecticut. Questions now include bullying, reasons for first using (or not using) alcohol and marijuana, and social norms [7]. Questions in this survey are taken *verbatim* from the GPIY survey, which were in turn taken from national surveys, including the Youth Risk Behavior Surveillance System (YRBSS) [8], Monitoring The Future (MTF) [3], the forty "Developmental Assets®" identified by Search Institute [9], and the Connecticut School Health Survey [10]. Thus, there is compatibility of data among all the surveys, as well as validity of responses through the consistent use of research-based questions.

The survey was administered via computer on-line to grades 7-11, under the supervision of Westport Public School and Positive Directions. School subjects which are required of all students were identified, and randomly chosen classes of those subjects were given the opportunity to take the survey. The survey was administered in computer labs, using the SurveyMonkey.com® web site and software. Prior to administering the survey, parents were given the opportunity to excuse their child from participating, by contacting their principal or returning a signed form. Youth were also able to decline the survey on their own by simply logging off the computer, and a few did so and are not included in tabulations.

Guidelines for administering the survey were developed by the University of Connecticut Health Center [10]. Instructions are summarized in the on-line introduction. During the survey, conversation among students was discouraged, and classes were reassured about the anonymity of the surveys and the need for their honest input. The number of minutes required by each respondent to complete the survey was determined by subtracting the start-time from the finish-time, both of which are recorded in the SurveyMonkey.com system. Times do not include such preliminary activities as bringing youth to the computer facility. The IP address of each response corresponded to Westport Public Schools, confirming that none of the surveys originated from outside the schools.

All statistical and tabulation computations were carried out using Statistica® version 10.0 (StatSoft, Tulsa, OK). Data checking and formatting operations were carried out in Microsoft Excel® 2010, and the final report was produced in Microsoft Word® 2010 and converted to a "portable document format" (pdf) file in Adobe Acrobat® version 8.1.2. All software is licensed to Quantitative Services.

About half of all students in each grade were included in the survey, so that sampling variance (calculated by standard methods [11]) for each grade is low, about  $\pm 3\%$ . In asking respondents how they describe their ethnic background, the current standard of the U.S. Census was followed, separating Hispanic ethnicity from racial identification. Statistical significances of differences between groups (e.g., recent drinkers *vs.* non-drinkers, Tables 54-61) were calculated by 2-way analysis of variance (ANOVA), with 30-day alcohol use and grade as the two predictor variables. This procedure computes mean levels of each factor for drinkers and non-drinkers, and p-values comparing alcohol users *vs.* non-users, independent of age. A p-value is defined as the probability that the observed difference is due to chance alone; a low value (e.g.,  $p < 0.01$  or

p<0.001) indicates a strong probability that the difference is due to a genuine relationship between the factor and alcohol consumption, not to age and not to random chance. For ease of interpretation, scores which are on 3 to 6 point Likert scales in the survey are converted to a 0-100 scale, inverted if necessary so that all are ascending in intensity of the factor.

Because of slight imbalance in numbers of respondents in different grades, weighting was employed for all analyses in which grade-levels were combined into multi-grade groups. Weights equalized the contributions of each grade, and were scaled so that the sum of weights equaled the number of respondents. Weights varied from 0.940 for grade 8 to 1.052 for grade 10.

Respondents were asked to estimate the percentage of their classmates who regularly use alcohol, cigarettes, or marijuana. A series of six percent-intervals (“bins”) were provided in the survey. In order to compare respondents’ estimates of usage (“social norms”) with actual reported usage, medians were estimated by linear interpolation. The median is the usage level estimated by 50% of respondents.

$$M = X_2 - \frac{(Y_2 - 50) \times ((X_1 + X_2) / 2)}{(Y_2 - Y_1)}, \text{ where}$$

$M$  = Estimated median social norm usage

$X_1, X_2$  = Mid-intervals of survey choices corresponding to  $Y_1, Y_2$ , where  $X_2 > X_1$

$Y_1, Y_2$  = Cumulative % of respondents, where  $Y_2 \geq 50 \geq Y_1$

The GPIY survey was conducted in Westport once, in 2000. Data for variables related to tobacco, alcohol, marijuana, and other drugs are tabulated for 2000, 2002 and 2011 (Tables 51-53). A “cohort” analysis requires that surveys be conducted every 2-3 years, in order to track changes in random samples of youth as they advance in age. The 11-year interval nevertheless provides some historical perspective.

## RESULTS

### *Demography*

The young people surveyed in Westport, Connecticut, were enrolled in the two middle schools (Bedford and Coleytown, grades 7-8) and Staples High School, grades 9-11. The survey was administered near the end of the 2010-11 school year – April 7-14, 2011 – about 11 years after the 2000 survey of Westport youth in grades 7-10. The 2011 survey sample was approximately 50% of students in each grade. Private school students were not included in this survey. Median ages of youths were 11-15 in grades 7-11. Median times required to complete the survey were 29 minutes (grade 7) to 19 minutes (grade 9).

A total of 29 responses (2.9%) were excluded from this analysis because of either incomplete or inconsistent answers (Table 1). Nine respondents in effect declined to participate in the survey, by logging off before substantial information was given. Another 18 respondents answered certain questions in a manner inconsistent with quality control criteria. Two 12<sup>th</sup> graders who took the survey were excluded from analysis.

The survey sample contained equal numbers of girls and boys (Table 2), and the racial mixture was similar to that of the district as a whole, with more minorities than in the town of Westport (Table 3) [12]. Youth were asked about their asthma status, for correlation with smoking and personal characteristics, and 11% said they are diagnosed asthmatics (Table 4). The 4.4% who report undiagnosed asthma was similar to other Connecticut towns.

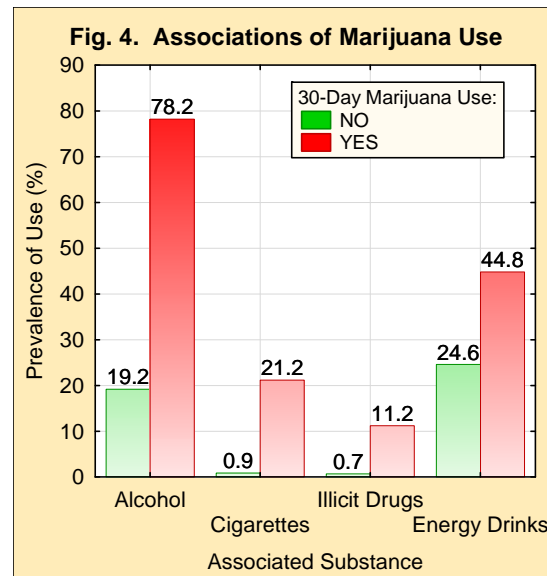
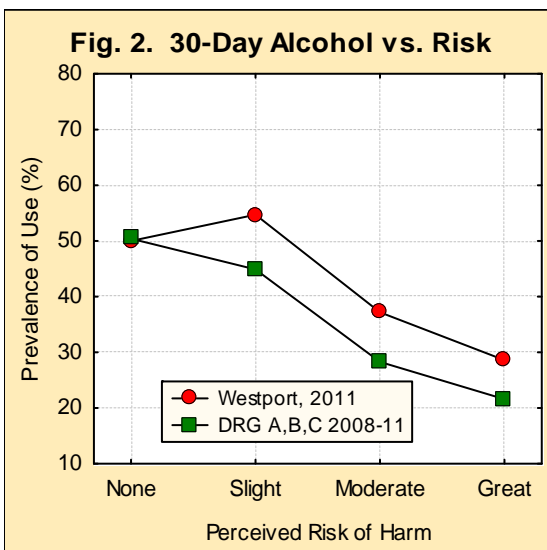
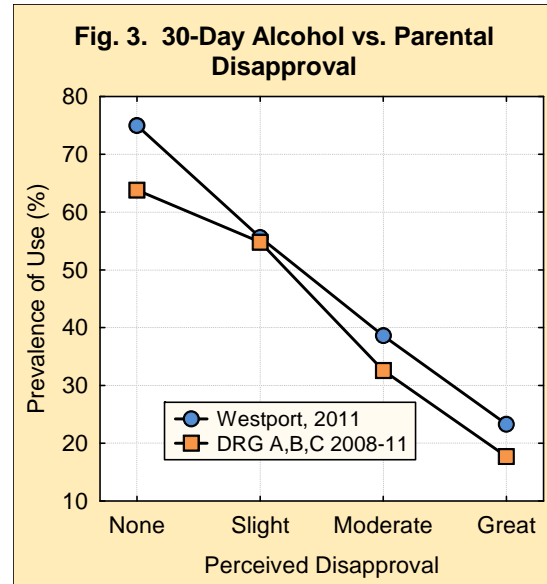
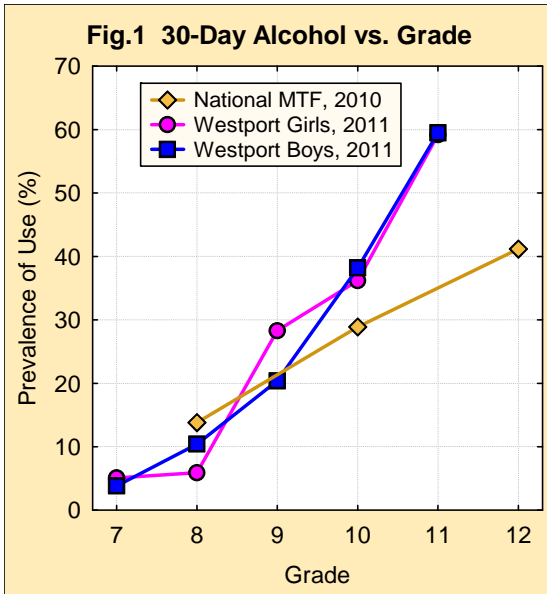
### *Alcohol Use.*

Among the substances proscribed for youth, alcohol is the most commonly used in Westport, by both boys and girls (Table 5). Before grade 10, fewer than half reported drinking in the previous 30 days. By 10<sup>th</sup> grade, drinking was somewhat more prevalent in Westport than nationally or in demographically comparable Connecticut towns (Table 49), and continued to increase in grade 11 (Fig. 1). However, drinking was reduced by almost half from the prevalence reported in 2000, a decrease that was already underway in 2002 (Table 52).

The prevalence of use of a substance, including but not limited to alcohol, is related to perception of personal risk of harm from its regular use. The relationship between 30-day use of alcohol and perception of harm is illustrated in Fig. 2, for high school youth in grades 9-11. Westport youth reported a prevalence of using alcohol somewhat higher than youth in demographically similar towns, at all but the lowest level of perceived risk. The relationship between 30-day use of alcohol is also correlated with perceived disapproval of one's own parents. The relationships for Westport and demographically similar youth are illustrated in Fig.3. Westport high school youth who perceived no harm in regular use of alcohol reported starting to drink more than one year earlier than youth who perceived great harm (averages of 12.9 and 14.2 years, respectively, highly statistically significant). There was no significant difference in the degree of drinking versus perceived risk of harm, with all respondents averaging about 2-3 drinks at a time in the past 30 days.

Delaying the initiation of use of any substance is a worthwhile objective, because starting early is associated with more problems later in life. The age at which Westport youth reported starting to drink alcohol has increased steadily since 2000. Average ages of initiation for 8<sup>th</sup> graders were

10.6 years in 2000, 11.4 in 2002, and 12.2 in 2011; and for 10<sup>th</sup> graders, ages were 11.6 years in 2000, 13.1 in 2002, and 14.4 in 2011. Youth who reported 30-day alcohol use also reported that they had recently used other substances as well. The degree of association between drinking alcohol and the use of other substances is quite striking, either recent (Table 8) or lifetime (Table 10). For example, only 0.7% of non-drinkers reported 30-day cigarette smoking, compared with 11% of recent drinkers – i.e., drinkers were 17 times more likely to smoke cigarettes. This kind of association is repeated for marijuana (Table 9) and other substances, and has been observed in many other Connecticut towns. Youth, who had used alcohol in the past 30 days (and by association, use of other substances as well), engaged in a variety of risky behaviors and held more lenient views of substance use and antisocial activities (Table 56).



Youth rated the plausibility of several possible reasons for why youth start using substances. Results are expressed as percent of maximum plausibility (see Methods), and are divided by grade-group and by whether the youth reported using in the past 30 days (Table 21). The most

prominent among reasons given by alcohol users for starting to drink were to have fun (especially older youth) and personal choice (Table 21A). Non-drinkers also rated having fun the number one reason, but many thought curiosity and fitting in with friends (i.e., peer pressure) are important. Least important were reasons related to family. Differences in overall perceptions between all drinkers and non-drinkers are shown in Table 59.

In a similar manner, youth were asked to rate several reasons why people of their own age choose *not* to use alcohol or marijuana, with results tabulated according to whether the responder did or did not use the substance (Table 22). Scores are computed as described above. For alcohol users, leading reasons were personal and lifestyle choices, bad experiences with family members, and health reasons (Table 22A). Non-drinkers rated ethical/moral reasons higher than drinkers. Choices varied considerably with grade of respondent.

The ease with which alcoholic beverages and other substances could be obtained began to increase in grade 8, and increased further in high school (Table 23). Cigarettes were considered harder to obtain than either alcohol or marijuana. Alcohol was rated “very easy” to obtain by more youth in 2010 than in 2000 (Table 52). The most prevalent sources of alcohol among older youth were from their friends and at parties without adults present (Table 25). Few youth reported buying alcohol for themselves, at either restaurants or package stores. Direct purchase of alcohol by youth has decreased since 2000, perhaps as a result of enforcement or vendor training (Table 52). Drinking took place in the youth’s own home or the homes of other people – patterns which have not changed much since 2000 (Table 52) – and at parties, with or without adults present (Table 26). Reported use of alcohol by peers was consistent with self-use reports (Table 28). The prevalence of friends who drink is almost 3 times as high among youth who themselves drink than among non-drinkers (Table 61).

To further aid in identifying significant characteristics of recent alcohol drinkers, average scale scores and statistics were calculated for many of the qualitative variables (Tables 54-61), as explained in Methods and footnoted for each table. These “profiles” of drinkers *vs.* non-drinkers are intended to provide guidance for prevention programs and healthy alternative activities. Profiles differ with age; the reader is invited to examine the tables for characteristics that may be addressed by programs under consideration. For example, as mentioned above, drinkers were consistently more permissive toward various antisocial behaviors (Table 56). Drinkers were also more social, congregating in public places or talking on the phone. Drinkers reported working at paying jobs more often, perhaps providing funds for purchase of substances (Table 57). Drinkers had a slightly more negative self-concept, and also had more trouble concentrating (Table 58). Non-drinkers considered disapproval of friends and education about alcohol to be important reasons for not drinking, more than drinkers (Table 60).

Respondents were asked to estimate how many in their own grade were regular users of cigarettes, alcohol, and marijuana. Six “bins” were provided for the estimates, and complete results are tabulated (Table 35). Median “social norm” estimates were calculated for each substance for comparison with the prevalence actually reported by the same youth. Median estimate is the prevalence estimated by 50% of the respondents. Results in Table A below indicate that overall estimates were reasonably on target in all grades. Median estimates were also calculated for high school youth (grades 9-11), to compare youth who reported 30-day use of the substance with those who reported not. Users consistently estimated higher use by their peers (Table B), confirming the “social norm” concept, that a belief that others are engaging in an activity (including but not exclusively substance use) is a motivator to engage in it oneself.

Table A.

Grade	Prevalence of 30-Day Substance Use					
	Cigarettes		Alcohol		Marijuana	
	Reported	Estimated	Reported	Estimated	Reported	Estimated
	%	median %	%	median %	%	median %
7	0.5	1.3	4.3	3.4	1.1	1.4
8	0.5	1.7	8.1	4.5	1.0	1.7
9	1.9	2.7	25.1	28.6	7.2	12.3
10	3.0	4.9	37.0	47.8	16.5	19.2
11	11.3	7.5	59.8	64.3	37.3	30.0

Table B.

Median estimated use, grades 9-11		
Substance	30-Day Use	
	NO	YES
	%	%
Cigarettes	4.9	9.8
Alcohol	38.8	58.0
Marijuana	17.0	31.2

### ***Tobacco Use.***

The long-standing national campaign against cigarette smoking has borne fruit. Cigarette smoking has declined dramatically since 2000 (Table 51). Current cigarette smoking, which has decreased nationally by half since the mid-1990's [6], was well below national and Connecticut averages among Westport youth (Tables 49, 50). The disparity between lifetime and current cigarette smoking indicate that most Westport youth who tried cigarettes did not continue to smoke, despite the highly addictive nature of nicotine. Use of tobacco products other than cigarettes is low and limited mainly to boys (Tables 6, 12) and African-American youth (Table 7). Cigars and pipes are the most commonly used non-cigarette products (Table 13). Cigarette smoking is highly correlated with the use of both alcohol and marijuana (Table 8, 9, Fig. 4).

Youth whose parents smoke were much more likely to smoke. Of youth with non-smoker parents, 2.4% reported 30-day cigarette use, compared to 13.6% of youth with at least one parent smoker. Youth were also asked if a sibling smokes, and 27.3% of those with a smoking parent reported that a sibling also smokes, versus 5.9% with non-smoking parents and a sibling who smokes. The effect of parental example seems very clear.

Youth with a parent who smokes were more likely to have physician-diagnosed asthma, 17.1% compared to 10.3% of children of non-smoking parents. Asthmatic youth were also more likely to be smokers, 6.5% compared to 2.9% of non-asthmatics who smoke. Smoking is more common among youth who do not engage in any athletic activity: 10.4% compared to 2.4% who engage in some kind of athletics. As for sources of cigarettes, the two most frequent are from friends and from home without their parents' permission (Table 24).

Perceived risk of harm from regular smoking was very high in all grades (Table 27). Only about 10% thought there is little or no risk to smoking. As youths get older, their attitudes about the risk of alcohol and cigarettes change little – risk from alcohol is perceived to be low, tobacco high. Even smokers perceived cigarettes as risky. But the number who think there is little risk to the use of marijuana increases dramatically. By grade 10, marijuana was felt to be safer than

alcohol and far safer than cigarettes. As with alcohol (Fig. 2), decreased perception of risk of cigarettes or marijuana is associated with increased use.

### ***Marijuana, Inhalants, and Other Illicit Drugs.***

Marijuana use was declining for several years in national surveys [2], but has increased steadily among 10<sup>th</sup> graders from 16.9% in 2007 to 18.5% in 2010. Since 2000, prevalence of 30-day use in Westport has decreased from 27% to 11% (Table 53), and in 2011 was very close to national and state averages (Table 49). Perception of harm from marijuana was comparable to national and state figures for 8<sup>th</sup> graders, but Westport 10<sup>th</sup> graders expressed less concern about “great harm” from regular use (Table 50). The perceived disapproval by parents was high, comparable to other Connecticut towns. Ease of obtaining marijuana was not markedly different from other Connecticut towns of similar demography.

Reported prevalence of 30-day marijuana use was higher among African-American youth (Table 7). Asian youth reported very low use of alcohol, but marijuana use was nearly the same as their white classmates. The association of marijuana with the use of other substances has been mentioned, and is displayed in Fig. 4. Of particular note is the high degree of association of marijuana with the use of other illicit drugs and with cigarette smoking. It is common for there to be age-windows during which initiation of substance use takes place – 13-15 years old for marijuana, compared to 12-14 years for alcohol – after which initiation becomes less likely (Table 20). Among 11<sup>th</sup> graders, 28% reported having bought drugs, and 9% said they sold drugs during the past year (Table 30). More than half of high school youth said it is mostly or definitely true that lots of drugs are sold in their neighborhoods (Table 46).

Inhalants typically involve a volatile organic solvent or propellant used in paint, glue, aerosols, or other product, and are “huffed” to experience a high. Inhalants are extremely dangerous but easily available, and their use is strongly discouraged. In national statistics, the use of inhalants declines in later years of high school. Use in Westport in the past 30 days is at very low levels (Table 5), but lifetime use is still a concern (Table 6). About 6% of marijuana users report also using inhalants (Table 9).

Use of prescription medicines to get high or to enhance physical or cognitive performance has received much attention at the national level. In Westport, reported use of pain medicines like codeine or Vicodin has decreased substantially since 2000 (Table 53). Compared to other Connecticut towns, reported lifetime use of pain meds is higher among Westport 8<sup>th</sup> graders, but lower among 10<sup>th</sup> graders (Table 48). Reported use of stimulant medicines is very low in Westport, as is the use of all illicit drugs except possibly hallucinogens and salvia.

### ***Personal and Environmental Characteristics***

When Westport youth had problems that bothered them, they most often received support from their friends, or their parents or siblings. About 15-25% of youth of all ages reported “almost never” talking things over with their parents. Few youth reported sharing problems with teachers or mentors, and 12-19% “almost always” keep things to themselves (Table 29). The most common “antisocial” act was cheating on a test in the past year, by 18-48% of youth (Table 30). Significant numbers of older youth reported riding as a passenger with a driver using alcohol or drugs. Many youth played card games like poker for money, or played instant lottery.

The greatest disapproval of antisocial behavior was for drinking and driving, destroying or stealing property, and initiating violent behavior (Table 31). The least disapproval was for playing gambling games like instant lottery or poker, and cheating on a test at school. There were age-related variations in the degree of disapproval.

Youth were asked how much time they spend at various activities away from school (Table 32). The most common activities were exercising or playing sports, using a computer unrelated to school, and listening to music. Relatively few youth indicated working at paying jobs. Activities positively related to use of alcohol were hanging out with friends, working at a job, and listening to music (Table 57). Youth who do not drink reported somewhat more reading of books or magazines.

The greatest degree of agreement with self-concept items were with positive traits like “I am good at making decisions” and “I am good at making friends” (Table 34). Least agreement was with negative traits like “I feel no one really cares about me” and “I feel I do not have much to be proud of”. Factor analysis of the data reveals three groupings of responses: optimistic outlook, depressive feelings, and hyperactivity. The only trait significantly associated with more alcohol consumption was “I have trouble concentrating”, a trait of hyperactivity (Table 58).

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## *SECTION 1. DEMOGRAPHY*

**Table 1. Surveys included in analyses**

Grade	Total Surveys	Excluded Because:		Analyzable Surveys
		Inconsistent	Incomplete	
	count	count	count	count
7	192	4	1	187
8	202	4	1	197
9	212	1	3	208
10	208	6	2	200
11	192	3	2	187
12	2	2	0	0
Missing	1	1	0	0
Totals	1009	20	9	979

**Table 2. Gender and grade of students analyzed**

Grade	Gender		
	Female	Male	Missing
	count	count	count
7	79	108	0
8	101	96	0
9	106	99	3
10	94	102	4
11	103	82	2
Missing	1	0	0
Totals	483	487	9

**Table 3. Race, ethnicity of students included in survey**

Grade	Survey Sample*		Westport Population	
			Schools**	Town***
	count	%	%	%
White/Caucasian	836	85.3	91.4	95.2
Black/African American	22	2.2	1.5	1.1
Asian	35	3.6	4.2	2.4
Native American	8	0.8	0.2	0.0
Other	73	7.6	-	0.8
Missing	5	0.5	-	-
Hispanic	79	8.1	2.7	2.3

\* Sample included in analysis, \*\* Strategic School Profiles, 2008-09 [13], \*\*\* U.S. Census 2000 [12]

**Table 4. Asthma status**  
**Youth included in survey, all grades**

Asthma status	Prevalence
Do you have asthma?	%
No	84.7
Yes, diagnosed by a doctor	10.9
I think so, but not diagnosed	4.4

**SECTION 2. TOBACCO, ALCOHOL, AND DRUG USE**

**Table 5. Recent (past 30 days) use of substances by gender, grade**

Substance	Gender	Grade				
		7	8	9	10	11
Alcohol		%	%	%		
	Female	5.1	5.9	28.3	36.2	59.2
	Male	3.8	10.4	20.4	38.2	59.5
	Both	4.3	8.1	25.1	37.0	59.8
Cigarettes	Female	0.0	0.0	2.9	5.4	10.7
	Male	0.9	1.0	1.0	1.0	12.3
	Both	0.5	0.5	1.9	3.0	11.3
Other Tobacco	Female	0.0	0.0	0.0	0.1	1.5
	Male	0.2	0.2	1.5	1.8	8.5
	Both	0.1	0.1	0.5	0.7	4.0
Marijuana	Female	1.3	0.0	3.8	14.9	38.8
	Male	0.9	2.1	11.2	17.6	35.0
	Both	1.1	1.0	7.2	16.5	37.3
Inhalants	Female	1.3	0.0	0.0	2.1	1.0
	Male	0.9	1.0	0.0	1.0	1.3
	Both	1.1	0.5	0.0	2.0	1.1
Illicit Drugs	Female	1.3	0.0	0.0	1.1	4.9
	Male	2.8	1.0	1.0	2.0	6.4
	Both	2.2	0.5	0.5	1.5	5.5
Energy Drinks	Female	12.8	21.8	19.0	19.4	34.0
	Male	32.1	35.4	35.8	23.0	36.7
	Both	23.9	28.4	27.1	21.3	34.8

**Table 6. Lifetime use of substances by gender, grade**

Substance	Gender	Grade				
		7	8	9	10	11
		%	%	%		
Alcohol	Female	15.2	30.7	50.0	66.0	84.5
	Male	22.6	38.5	46.9	64.7	81.0
	Both	19.5	34.5	49.3	65.0	83.2
Cigarettes	Female	0.0	2.0	6.7	10.8	31.1
	Male	2.8	7.3	5.1	9.8	27.2
	Both	1.6	4.6	5.8	10.1	29.6
Other Tobacco	Female	2.5	2.0	3.8	9.6	30.1
	Male	5.6	9.4	18.2	23.5	43.2
	Both	4.3	5.6	11.5	16.5	35.5
Marijuana	Female	2.5	2.0	7.5	27.7	56.3
	Male	0.9	5.2	20.4	38.2	51.3
	Both	1.6	3.6	13.5	33.0	54.6
Inhalants	Female	2.5	6.9	3.8	7.4	7.8
	Male	5.7	3.1	4.2	4.9	10.4
	Both	4.3	5.1	3.9	6.5	8.8
Other Illicit Drugs	Female	2.5	0.0	1.0	7.4	14.6
	Male	2.8	2.1	2.1	7.8	30.8
	Both	2.7	1.0	1.5	7.5	21.3
Energy Drinks	Female	44.9	54.5	46.7	62.4	75.7
	Male	68.9	68.8	73.7	72.0	84.8
	Both	58.7	61.4	60.1	67.5	79.9

**Table 7. Recent use of substances by race, ethnicity**

Substance	Race					Ethnicity
	White/ Caucasian	Black/ African American	Asian/ Pacific Islander	Native American	Other	Hispanic
	%	%	%	%	%	%
Alcohol	27.5	23.8	5.7	*	26.0	27.3
Cigarettes	2.6	14.3	2.9	*	5.4	5.1
Other Tobacco	3.8	22.7	2.9	*	5.4	10.3
Marijuana	11.5	23.8	8.6	*	14.9	12.8
Inhalants	1.0	0.0	0.0	*	1.4	1.3
Other Illicit Drugs	1.7	0.0	2.9	*	4.1	3.8
Energy Drinks	26.8	30.0	20.0	*	31.1	41.0

\* Too few to report statistics (N<10).

**Table 8. Association of 30-day alcohol with recent use of other substances**

Other Substance Reportedly Used Recently	Gender	30- Day Alcohol Use		YES / NO Ratio
		NO	YES	
Cigarettes	Female	1.1	11.2	9.7
	Male	0.2	11.7	58.3
	Both	0.7	11.4	16.9
Marijuana	Female	2.9	36.3	12.7
	Male	4.5	36.7	8.2
	Both	3.7	36.5	10.0
Inhalants	Female	0.3	2.2	7.8
	Male	0.6	1.7	3.0
	Both	0.4	2.0	4.6
Other Illicit Drugs	Female	0.6	3.7	6.5
	Male	0.8	7.6	9.0
	Both	0.7	5.6	8.0
Energy Drinks	Female	15.8	37.6	2.4
	Male	25.4	52.1	2.1
	Both	20.6	44.8	2.2

**Table 9. Association of 30-day marijuana with recent use of other substances**

Other Substance Reportedly Used Recently	Gender	30- Day Marijuana Use		YES / NO Ratio
		NO	YES	
Alcohol	Female	20.2	83.1	4.1
	Male	18.1	73.3	4.0
	Both	19.2	78.2	4.1
Cigarettes	Female	0.9	25.4	26.9
	Male	1.0	16.9	17.8
	Both	0.9	21.2	22.4
Inhalants	Female	0.1	6.9	69.0
	Male	0.2	5.2	21.7
	Both	0.2	6.0	35.6
Other Illicit Drugs	Female	0.2	10.3	44.0
	Male	1.2	12.1	10.1
	Both	0.7	11.2	15.7
Energy Drinks	Female	18.9	43.1	2.3
	Male	30.4	46.6	1.5
	Both	24.6	44.8	1.8

**Table 10. Associations of lifetime substance use**

Other Substance Reportedly Used Recently	Gender	Lifetime Alcohol Use		YES / NO Ratio
		NO	YES	
		%	%	
Cigarettes	Both	0.4	19.5	47.3
Marijuana	Both	1.0	40.9	39.5
Inhalants	Both	1.9	9.5	5.1
Other Illicit Drugs	Both	1.5	11.7	8.1
Energy Drinks	Both	45.7	84.7	1.9
		Lifetime Marijuana Use		YES / NO Ratio
		NO	YES	
		%	%	
Alcohol	Both	37.7	97.6	2.6
Cigarettes	Both	2.5	38.7	15.6
Inhalants	Both	3.1	15.3	4.9
Other Illicit Drugs	Both	1.6	25.7	16.5
Energy Drinks	Both	58.4	92.0	1.6

**Table 11. Alcohol Use**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
Have you ever had an alcoholic beverage (more than a few sips)?					
Yes	19.5	34.5	49.3	65.0	83.2
How many occasions have you had alcohol to drink (asked only of lifetime drinkers)?					
1-2 Times	35.1	33.8	25.2	9.3	9.3
3-5 Times	35.1	33.8	27.2	20.9	6.6
6-10 Times	8.1	19.1	22.3	24.0	12.6
More Than 10 Times	21.6	13.2	25.2	45.7	71.5
On how many occasions have you been drunk or very high from drinking alcohol (asked only of lifetime drinkers)?					
None	86.5	77.9	48.0	30.5	17.8
1-2 Times	10.8	20.6	29.4	28.9	14.5
3-9 Times	2.7	0.0	13.7	24.2	23.7
10 or More Times	0.0	1.5	8.8	16.4	44.1
In the past 30 days, how many days did you drink alcohol (asked only of lifetime drinkers)?					
None	78.4	76.5	48.0	43.1	28.1
1-2 Times	13.5	14.7	36.3	40.8	31.4
3-5 Times	8.1	7.4	12.7	13.1	29.4
6-10 Times	0.0	1.5	1.0	1.5	9.2
More Than 10 Times	0.0	0.0	2.0	1.5	2.0
In the past 30 days, on the days you drank, how many drinks did you usually have (asked only of recent drinkers)?					
1 Drink or Less	87.5	87.5	38.3	19.2	7.4
2-3 Drinks	12.5	12.5	38.3	46.2	41.2
More Than 3 Drinks	0.0	0.0	23.4	34.6	51.5

**Table 12. Tobacco Use**

Questions & Responses	Grade				
	7	8	9	10	11
Have you ever smoked a cigarette (more than just a puff)?	%	%	%	%	%
Yes	1.6	4.6	5.8	10.1	29.6
On how many occasions have you smoked cigarettes (asked only of lifetime smokers)?					
1-2 Times	*	*	75.0	55.0	37.5
3-5 Times	*	*	0.0	10.0	12.5
6-10 Times	*	*	0.0	15.0	5.4
More Than 10 Times	*	*	25.0	20.0	44.6
How many days did you smoke cigarettes in the past 30 days (asked only of lifetime smokers)?					
None	*	*	69.2	71.4	62.5
1-2 Days	*	*	30.8	19.0	14.3
3-5 Days	*	*	0.0	0.0	5.4
6-10 Days	*	*	0.0	0.0	7.1
More Than 10 Days	*	*	0.0	9.5	10.7
In the past 30 days, on the days you smoked, how many cigarettes (asked only of recent smokers)?					
Less than 1 per day	*	*	75.0	50.0	23.8
1-5 cigarettes per day	*	*	25.0	33.3	66.7
About 1/2 pack per day	*	*	0.0	0.0	4.8
More than 1/2 pack per day	*	*	0.0	16.7	4.8
Have many times in your life have you used non-cigarette tobacco products?					
Never	95.7	94.4	88.5	83.5	64.5
1-2 times	3.2	4.6	6.3	11.0	22.0
3-10 times	1.1	0.5	3.4	4.0	7.0
More than 10 times	0.0	0.5	1.9	1.5	6.5

\* Too few smokers (N<10) to report statistics.

**Table 13. Recent (30-day) use of non-cigarette tobacco by grade**

Tobacco Product	Grade				
	7	8	9	10	11
	%	%	%	%	%
	%	%	%	%	%
Chewing tobacco	0.5	0.0	1.0	1.0	2.7
Cigar	0.5	1.0	3.8	3.0	7.0
Pipe	0.5	0.0	1.0	0.5	4.3

**Table 14. Marijuana use**

Questions & Responses	Grade				
	7	8	9	10	11
Have you ever used marijuana?	%	%	%	%	%
Yes	1.6	3.6	13.5	33.0	54.6
How many occasions have you used marijuana? (asked only of lifetime users)					
1-2 occasions	*	*	28.6	28.8	16.0
3-5 occasions	*	*	14.3	27.3	12.0
6-10 occasions	*	*	14.3	16.7	14.0
More than 10 occasions	*	*	42.9	27.3	58.0
How many days did you use marijuana in the past 30 days? (asked only of lifetime users)					
None	*	*	46.4	50.0	31.7
1-2 days	*	*	21.4	28.8	27.7
3-5 days	*	*	17.9	12.1	13.9
6-10 days	*	*	0.0	1.5	8.9
More than 10 days	*	*	14.3	7.6	17.8

\* Too few users (N<10) to report statistics.

**Table 15. Lifetime illicit drug use**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I have used these drugs at some time in my life					
Inhalants	4.3	5.1	3.9	6.5	8.8
Cocaine	1.1	0.5	0.5	0.5	2.2
Crack (rock)	1.6	0.0	0.0	0.0	0.0
Hallucinogens (LSD, acid)	2.2	0.5	0.0	2.5	6.1
Heroin	0.5	0.5	0.0	0.0	0.5
Angel Dust (PCP)	1.6	0.5	0.0	0.5	0.0
MDMA (Ecstasy)	1.6	0.5	0.0	1.5	6.6
Ketamine	1.6	0.5	0.0	0.0	1.6
GHB	0.5	0.0	0.0	0.0	0.5
Salvia	1.1	0.0	0.5	4.0	16.5
Methamphetamine	1.1	0.5	0.0	0.0	0.0
K2 or Spice	0.5	0.0	1.0	2.5	9.4
Any of the illicit drugs above (except inhalants)	2.7	1.0	1.5	7.5	21.3

**Table 16. Lifetime medicinal drug abuse**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I have used these drugs or medicines on my own without a prescription or a doctor/dentist telling me.					
Pain meds (Oxycontin, Vicodin)	4.9	10.7	6.9	6.5	7.1
Steroids	2.7	1.0	2.5	0.0	1.6
Downers (Barbiturates, Sleeping Pills, Quaaludes)	5.9	6.1	4.9	8.0	8.2
Tranquilizers	1.6	0.5	1.5	1.5	6.0
Uppers (Stimulants, Ritalin, Adderall)	1.6	0.0	1.5	0.5	1.1
Diet meds (amphetamines, etc.)	1.6	1.0	2.5	3.5	9.9
OTC Meds to Get High (Cough Med, Mouthwash)	4.4	2.1	2.9	3.0	6.6
Any of the above medicines	13.0	15.2	12.3	14.5	19.7

**Table 17. Recent (past 30 days) illicit drug use**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I have used these drugs in the past 30 days.					
Inhalants	1.1	0.5	0.0	2.0	1.1
Cocaine	0.5	0.0	0.0	0.0	0.0
Crack (rock)	1.1	0.0	0.0	0.5	0.5
Hallucinogens (LSD, acid, mushrooms)	1.6	0.0	0.0	0.0	1.1
Heroin	0.5	0.0	0.0	0.0	0.0
Angel Dust (PCP)	0.0	0.0	0.0	0.0	0.0
MDMA (Ecstasy)	1.6	0.5	0.0	0.5	2.2
Ketamine	0.5	0.0	0.0	0.0	0.0
GHB	0.5	0.0	0.0	0.0	0.0
Salvia	0.0	0.0	0.5	0.0	1.6
Methamphetamine	0.5	0.0	0.0	0.0	0.0
K2 or Spice	0.0	0.0	0.5	1.0	1.7
Any illicit drug (except inhalants)	2.2	0.5	0.5	1.5	5.5

**Table 18. Recent (past 30 days) medicinal drug abuse**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I have used these drugs or medicines on my own without a prescription or a doctor telling me.					
Pain meds (Oxycontin, Vicodin)	2.2	3.0	2.9	1.5	1.1
Steroids	1.1	0.0	1.0	0.0	0.5
Downers (barbiturates, sleeping pills, Quaaludes)	1.6	1.5	2.0	2.0	1.1
Tranquilizers	1.1	0.0	1.0	0.0	0.5
Uppers (stimulants, Ritalin, Adderall)	1.6	0.5	1.5	1.5	3.8
Diet meds (amphetamines, etc.)	1.1	0.0	1.5	0.0	0.5
OTC meds to get high (cough med, mouthwash)	2.2	1.5	0.5	1.0	1.1
Any of the above medicines	5.9	5.1	4.4	4.0	6.6

**Table 19. Energy drink use**

Questions & Responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
In your whole life, have you ever had an energy drink (like Red Bull, Monster, Amp, or Rock Star)?					
Yes	58.7	61.4	60.1	67.5	79.9
In the past 30 days, how many times did you have an energy drink?					
None	76.1	71.4	72.9	78.2	65.0
1-2 times	16.3	21.4	19.7	12.7	20.8
3-5 times	4.3	4.1	4.4	6.6	7.7
6-10 times	1.6	1.0	2.5	1.5	3.8
More than 10 times	1.6	2.0	0.5	1.0	2.7
In your whole life, have you ever had an energy drink that contains alcohol?					
Yes	4.3	9.6	8.4	21.6	45.4
In the past 30 days, how many times did you have an energy drink that contains alcohol?					
None	98.4	97.4	97.0	93.9	83.4
1-2 times	1.1	1.5	2.5	5.6	10.5
3-5 times	0.0	0.0	0.5	0.5	5.5
6-10 times	0.5	0.0	0.0	0.0	0.6
More than 10 times	0.0	1.0	0.0	0.0	0.0

**Table 20. Mean age of initiation for specific behaviors, lifetime users**

Substance	Age	Statistic	Grade				
			7	8	9	10	11
--	At time of survey	Average Age	11.5	12.5	13.4	14.5	15.4
		N	187	197	208	200	187
Alcohol	At time of first use	Average Age	11.7	12.2	13.4	14.0	14.4
		N	34	70	103	128	152
Cigarettes	At time of first use	Average Age	*	12.4	14.4	14.7	15.3
		N	2	9	13	21	56
Marijuana	At time of first use	Average Age	*	*	13.6	14.6	14.9
		N	4	7	28	66	102

\* Too few to calculate valid statistic.

**Table 21. Reasons for using substances.**

Thinking of people about your age who [drink/smoke/use marijuana], how important do you think the following reasons were for them to begin using [each substance]?

**Table 21A. Alcohol**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Fit in with friends	53.5	67.4	71.3	50.0	45.4	52.4
Parents or others in family drink	30.8	31.0	27.5	50.0	20.5	19.0
Readily available	33.4	52.8	57.2	56.3	44.8	50.6
Family tradition for special occasions	51.7	48.4	32.9	56.3	41.2	26.2
Personal choice	53.5	60.9	71.6	68.8	66.9	80.1
Lifestyle	44.8	49.2	57.6	37.5	48.5	52.0
Boredom	32.8	49.7	61.6	56.3	45.3	61.8
Relieve stress	54.4	60.2	63.5	75.0	46.8	57.4
Curiosity	57.0	69.3	75.9	68.8	64.7	68.0
To have fun	55.0	72.1	88.9	62.5	72.2	90.1
Not sure why	30.9	39.1	43.0	21.4	21.3	37.6

\* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 21B. Marijuana**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Fit in with friends	63.8	73.7	73.0	**	52.9	52.5
Adults they know use marijuana	44.4	38.1	28.9	**	26.3	19.8
Readily available	44.6	62.2	61.0	**	79.5	60.5
Personal choice	63.6	70.4	79.8	**	91.1	91.2
Fits chosen lifestyle	48.6	57.2	61.7	**	67.7	63.0
Boredom	44.9	65.5	72.7	**	79.2	83.2
Relieve stress	64.4	72.0	74.8	**	61.9	82.6
Curiosity	64.5	75.6	79.9	**	79.4	82.2
To have fun	62.4	79.0	83.6	**	88.1	93.2
Not sure why	39.9	40.7	39.7	**	30.5	34.3

\*\* Too few to calculate valid statistic.

**Table 22. Reasons for NOT using substances.**

Thinking of people about your age who do not [drink/smoke/use marijuana], how important do you think these reasons were in influencing them not to use [each substance]?

**Table 22A. Alcohol**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Personal choice	86.0	88.6	94.6	50.0	85.2	92.6
Disapproval of parent(s)	89.7	81.6	78.2	75.0	78.8	73.7
Disapproval of friends	75.9	69.4	62.4	81.3	52.3	48.6
Bad experiences family/friends	76.2	74.1	71.0	68.8	64.8	69.6
Education about alcohol	81.3	65.0	49.6	68.8	49.4	39.6
Health reasons	82.8	72.4	62.3	81.3	61.1	57.7
Legal reasons	82.5	69.5	58.2	68.8	63.5	48.7
Ethical/moral reasons	82.1	72.4	65.7	75.0	64.8	59.1
Does not fit chosen lifestyle	70.5	74.2	66.5	62.5	64.9	63.5
Alcohol not available	47.0	42.4	40.1	56.3	48.0	38.1

\* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 22B. Marijuana**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Personal choice	86.5	88.6	91.7	**	82.1	94.0
Disapproval of parent(s)	90.8	83.0	72.0	**	64.8	72.1
Disapproval of friends	84.7	75.6	67.8	**	53.1	65.2
Bad experiences family/friends	79.0	72.1	58.2	**	50.2	59.4
Education about marijuana	80.6	66.4	47.2	**	29.4	49.9
Health reasons	86.1	78.7	68.6	**	46.9	64.7
Legal reasons	85.9	78.1	70.1	**	52.8	78.1
Ethical/moral reasons	83.3	75.0	69.1	**	55.7	67.1
Does not fit chosen lifestyle	74.7	75.4	68.2	**	58.8	71.5
Marijuana not available	59.2	49.1	40.0	**	21.5	48.9

\*\* Too few to calculate valid statistic.

### SECTION 3. INDIVIDUAL / PEER DOMAIN

**Table 23. Availability of alcohol, tobacco, drugs and guns**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
If you wanted to, how easy would it be for you to get:					
Alcoholic beverages					
Very easy	27.5	42.1	50.7	55.8	59.8
Sort of easy	30.2	35.0	32.5	28.6	31.0
Sort of hard	20.3	14.2	13.8	13.6	5.4
Very hard	22.0	8.6	3.0	2.0	3.8
Cigarettes					
Very easy	3.8	12.2	19.2	29.1	44.0
Sort of easy	12.0	21.3	32.0	31.2	26.6
Sort of hard	24.5	37.6	32.0	27.6	22.8
Very hard	59.8	28.9	16.7	12.1	6.5
Marijuana					
Very easy	3.3	13.7	28.6	37.7	50.5
Sort of easy	8.2	15.2	27.6	30.7	32.1
Sort of hard	13.6	22.8	22.7	16.1	11.4
Very hard	75.0	48.2	21.2	15.6	6.0
A drug like cocaine, heroin, LSD or amphetamines					
Very easy	2.7	4.1	3.4	2.0	6.6
Sort of easy	1.1	6.1	11.3	6.6	15.8
Sort of hard	10.4	17.3	26.6	36.9	36.1
Very hard	85.8	72.6	58.6	54.5	41.5
A gun					
Very easy	4.9	6.6	3.4	2.0	2.2
Sort of easy	5.4	8.1	4.4	4.5	4.4
Sort of hard	10.9	18.8	19.2	17.1	20.3
Very hard	78.8	66.5	72.9	76.4	73.1

**Table 24. Sources for obtaining cigarettes**  
**(Responses of youth who report recent cigarette use)**

Questions and responses	Grade				
	7	8	9	10	11
Number of youth	3	9	12	20	55
	%	%	%	%	%
How often do you get cigarettes from:					
Your parents with their permission					
Sometimes	*	10.0	0.0	0.0	3.7
Often	*	0.0	7.1	0.0	3.7
Your parents without their permission					
Sometimes	*	20.0	21.4	19.0	18.5
Often	*	10.0	7.1	0.0	5.6
Your friends					
Sometimes	*	20.0	57.1	42.9	41.1
Often	*	10.0	14.3	4.8	23.2
Your brother(s) or sister(s)					
Sometimes	*	20.0	28.6	4.8	5.6
Often	*	0.0	0.0	4.8	5.6
Stores (you buy them)					
Sometimes	*	10.0	21.4	0.0	23.6
Often	*	0.0	7.1	9.5	9.1
Machines (you buy them)					
Sometimes	*	0.0	0.0	4.8	3.7
Often	*	0.0	7.1	0.0	3.7

\* Too few smokers to report statistics.

**Table 25. Sources for obtaining alcoholic beverages  
(Responses of youth who report recent alcohol use)**

Questions and responses	Grade				
	7	8	9	10	11
Number of youth	36	68	102	130	153
	%	%	%	%	%
How often do you get alcoholic beverages from:					
Home, with your parents' permission					
Sometimes	59.5	52.2	46.6	36.9	34.0
Often	5.4	13.0	2.9	3.1	3.3
Home, without your parents' permission					
Sometimes	5.4	19.4	35.0	31.5	39.2
Often	2.7	3.0	5.8	8.5	7.2
Your friends					
Sometimes	10.8	14.9	46.6	46.9	45.1
Often	2.7	3.0	22.3	30.0	47.1
Your brother(s) or sister(s)					
Sometimes	0.0	13.4	25.2	26.9	28.9
Often	8.1	0.0	7.8	2.3	7.9
From other people who buy it for you					
Sometimes	2.7	3.0	18.4	32.3	41.4
Often	2.7	0.0	7.8	13.8	30.3
At a party with adults present who are aware of underage drinking					
Sometimes	27.0	22.4	29.1	33.8	47.4
Often	2.7	4.5	2.9	2.3	13.2
At a party with adults present but unaware of underage drinking					
Sometimes	5.4	7.5	34.0	45.4	45.8
Often	5.4	4.5	8.7	8.5	21.6
At a party with no adults present					
Sometimes	10.8	14.9	38.8	42.6	43.8
Often	8.1	4.5	21.4	27.9	39.9
At a restaurant (you buy it)					
Sometimes	27.0	28.4	23.3	18.5	25.7
Often	5.4	3.0	0.0	3.1	5.3
At a store or bar (you buy it)					
Sometimes	0.0	1.5	3.9	2.3	11.9
Often	0.0	0.0	1.0	1.5	7.3

**Table 26. Place and prevalence of alcohol use  
(Responses of youth who report lifetime use of alcohol)**

Questions and responses	Grade				
	7	8	9	10	11
Number of youth	36	68	102	130	153
	%	%	%	%	%
In the past month, how many times did you drink alcoholic beverages:					
At home					
None	37.5	18.8	59.3	66.2	62.7
1-2 times	50.0	50.0	33.3	25.7	30.9
3-5 times	12.5	18.8	3.7	5.4	2.7
6-10 times	0.0	6.3	1.9	0.0	1.8
More than 10 times	0.0	6.3	1.9	2.7	1.8
On the street, in the woods, or in parks or fields					
None	87.5	100.0	75.9	89.2	81.8
1-2 times	0.0	0.0	16.7	8.1	15.5
3-5 times	12.5	0.0	3.7	1.4	0.0
6-10 times	0.0	0.0	1.9	1.4	0.9
More than 10 times	0.0	0.0	1.9	0.0	1.8
With older friends					
None	75.0	68.8	64.8	47.9	34.9
1-2 times	0.0	25.0	27.8	39.7	43.1
3-5 times	25.0	0.0	3.7	8.2	17.4
6-10 times	0.0	6.3	1.9	1.4	3.7
More than 10 times	0.0	0.0	1.9	2.7	0.9
At the homes of other people					
None	75.0	80.0	31.5	20.3	11.9
1-2 times	25.0	20.0	40.7	54.1	43.1
3-5 times	0.0	0.0	20.4	16.2	34.9
6-10 times	0.0	0.0	5.6	5.4	6.4
More than 10 times	0.0	0.0	1.9	4.1	3.7
At school activities, like dances or football games					
None	87.5	93.8	98.1	93.2	97.3
1-2 times	12.5	6.3	0.0	6.8	1.8
3-5 times	0.0	0.0	0.0	0.0	0.0
6-10 times	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	1.9	0.0	0.9
At work					
None	87.5	100.0	98.1	100.0	98.2
1-2 times	12.5	0.0	0.0	0.0	0.9
3-5 times	0.0	0.0	0.0	0.0	0.0
6-10 times	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	1.9	0.0	0.9

**Table 26. Place and prevalence of alcohol use, continued**  
**(Responses of youth who report lifetime use of alcohol)**

Questions and responses	Grade				
	7	8	9	10	11
Number of youth	36	68	102	130	153
	%	%	%	%	%
In the past month, how many times did you drink alcoholic beverages:					
When skipping school					
None	87.5	93.8	98.1	98.6	97.3
1-2 times	0.0	6.3	0.0	0.0	0.9
3-5 times	12.5	0.0	0.0	1.4	0.9
6-10 times	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	1.9	0.0	0.9
While driving a car, truck or motorcycle					
None	87.5	100.0	98.1	98.6	95.5
1-2 times	12.5	0.0	0.0	1.4	2.7
3-5 times	0.0	0.0	0.0	0.0	0.0
6-10 times	0.0	0.0	0.0	0.0	0.9
More than 10 times	0.0	0.0	1.9	0.0	0.9
At a party with an adult present who are aware of underage drinking					
None	50.0	93.8	66.7	66.2	51.8
1-2 times	25.0	6.3	27.8	27.0	34.5
3-5 times	12.5	0.0	1.9	2.7	9.1
6-10 times	12.5	0.0	1.9	2.7	0.9
More than 10 times	0.0	0.0	1.9	1.4	3.6
At a party with adults present who are NOT aware of underage drinking					
None	75.0	87.5	64.8	45.2	45.5
1-2 times	0.0	6.3	22.2	43.8	39.1
3-5 times	25.0	0.0	7.4	6.8	9.1
6-10 times	0.0	6.3	1.9	2.7	3.6
More than 10 times	0.0	0.0	3.7	1.4	2.7
At a party without an adult present					
None	62.5	80.0	37.7	28.4	21.8
1-2 times	0.0	13.3	34.0	51.4	44.5
3-5 times	25.0	0.0	18.9	13.5	25.5
6-10 times	12.5	6.7	3.8	2.7	3.6
More than 10 times	0.0	0.0	5.7	4.1	4.5

**Table 27. Perceived harm of substance use**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How much do you think people risk harming themselves if they:					
Smoke cigarettes regularly					
No risk	1.6	0.0	1.4	0.5	2.2
Very little risk	9.1	12.2	7.2	3.5	2.7
Some risk	12.9	14.8	21.3	22.5	17.8
A lot of risk	76.3	73.0	70.0	73.5	77.3
Use alcohol regularly					
No risk	2.7	6.6	6.3	7.6	5.5
Very little risk	11.4	22.8	22.7	24.7	28.4
Some risk	46.5	34.5	37.2	40.9	33.9
A lot of risk	39.5	36.0	33.8	26.8	32.2
Use marijuana regularly					
No risk	0.5	2.0	2.9	9.0	12.2
Very little risk	7.1	10.7	19.0	23.5	32.0
Some risk	13.6	21.4	34.6	42.0	30.4
A lot of risk	78.8	65.8	43.4	25.5	25.4

**Table 28. Peer use of substances**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How many of your close friends: Smoke cigarettes?					
None	96.2	90.4	83.3	78.8	52.5
Some	3.3	8.6	15.8	20.2	39.9
Most	0.5	1.0	1.0	1.0	7.7
Drink alcoholic beverages?					
None	85.3	71.1	32.0	18.2	6.0
Some	13.6	26.4	50.2	40.9	27.3
Most	1.1	2.5	17.7	40.9	66.7
Use marijuana?					
None	92.9	78.2	48.3	30.5	13.1
Some	7.1	21.8	45.8	58.9	51.9
Most	0.0	0.0	5.9	10.7	35.0
Use inhalants?					
None	97.3	93.4	96.1	92.4	89.6
Some	2.2	6.1	3.4	7.1	9.3
Most	0.5	0.5	0.5	0.5	1.1
Have tried a drug like cocaine, LSD, or heroin?					
None	96.7	93.9	93.1	86.9	72.7
Some	2.7	6.1	6.4	12.6	23.5
Most	0.5	0.0	0.5	0.5	3.8
Have used prescription drugs on their own?					
None	90.8	89.8	87.7	80.8	64.5
Some	8.2	8.1	11.3	18.2	32.8
Most	1.1	2.0	1.0	1.0	2.7
Have played games for money, like poker?					
None	69.4	74.9	72.9	67.0	61.2
Some	21.9	20.0	19.2	24.9	27.3
Most	8.7	5.1	7.9	8.1	11.5
Are considered bullies?					
None	68.3	62.6	71.4	74.7	76.5
Some	30.1	34.9	27.6	24.7	21.9
Most	1.6	2.6	1.0	0.5	1.6

**Table 29. Social supports**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
When you have a problem that bothers you, how often do you talk about it with:					
Parents or guardians	0.0				
Almost never	15.2	21.3	22.7	20.4	24.6
Sometimes	31.5	35.5	41.9	46.4	39.1
Often	26.6	25.4	18.7	23.0	26.3
Almost always	26.6	17.8	16.7	10.2	10.1
A relative other than parent					
Almost never	51.6	60.4	60.6	65.3	65.4
Sometimes	31.5	24.9	29.3	24.5	25.7
Often	10.3	8.6	5.1	7.7	6.7
Almost always	6.5	6.1	5.1	2.6	2.2
A teacher					
Almost never	56.4	67.5	78.3	79.6	78.9
Sometimes	35.9	22.8	19.2	16.8	18.9
Often	5.5	7.1	1.5	3.6	1.1
Almost always	2.2	2.5	1.0	0.0	1.1
A mentor					
Almost never	51.1	62.4	64.1	73.5	67.4
Sometimes	32.4	23.4	30.3	19.9	21.9
Often	11.5	9.1	3.5	5.1	7.9
Almost always	4.9	5.1	2.0	1.5	2.8
An adult who is not family or a teacher					
Almost never	72.8	71.9	70.4	72.8	61.8
Sometimes	21.7	19.9	21.9	20.5	27.5
Often	4.3	4.6	6.6	4.1	7.3
Almost always	1.1	3.6	1.0	2.6	3.4
A brother or sister					
Almost never	46.2	45.2	41.4	42.9	39.1
Sometimes	27.2	31.0	30.8	31.6	33.0
Often	14.7	12.7	15.2	17.3	17.3
Almost always	12.0	11.2	12.6	8.2	10.6
A friend					
Almost never	15.8	8.1	9.0	9.2	6.7
Sometimes	33.2	29.4	22.1	21.9	17.2
Often	20.7	29.9	30.2	34.2	30.6
Almost always	30.4	32.5	38.7	34.7	45.6
Nobody. I keep it to myself.					
Almost never	23.9	15.2	17.2	9.7	10.1
Sometimes	46.2	38.6	38.9	44.4	37.1
Often	17.9	32.0	27.8	27.0	36.0
Almost always	12.0	14.2	16.2	18.9	16.9

**Table 30. Antisocial behavior**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
In the past year, I have:					
Stolen something worth less than \$100	15.8	17.3	14.9	22.6	27.7
Gotten suspended or expelled from school	3.8	6.1	2.0	0.5	4.3
Gotten into trouble with the police	3.8	4.6	5.4	5.5	14.7
Picked a fight (not with a family member)	20.7	21.8	21.7	15.7	12.6
Attacked someone to seriously hurt them	8.7	10.3	8.9	7.0	8.2
Bullied to hurt someone's feelings	3.3	10.8	6.9	9.0	7.7
Cheated on a test	18.5	23.9	27.6	48.2	49.5
Sold illegal drugs	0.5	2.0	1.5	3.5	8.8
Bought illegal drugs	1.1	2.0	5.9	13.6	27.9
Purposely damaged another's property	7.6	10.2	10.8	7.1	4.4
Carried a weapon	12.5	7.1	4.9	6.1	7.1
Brought a weapon to school	1.6	1.5	0.5	0.5	1.6
Gotten arrested	0.5	2.5	0.5	0.5	6.6
Played games for money, like poker	17.9	20.3	17.2	18.2	15.4
Placed bets on-line	7.6	4.1	4.9	10.1	2.7
Played scratch tickets for money	19.1	14.2	17.7	17.4	14.8
Ridden as passenger with driver using alcohol	2.2	3.0	5.0	8.6	20.2
Ridden as passenger with driver using drugs	1.6	2.6	4.4	13.8	29.5

**Table 31. Attitudes toward antisocial behavior**

Questions and responses	Grade				
	7	8	9	10	11
	score*				
How wrong do you think it is for someone your age to:					
Drink alcoholic beverages	78.1	76.1	60.5	50.0	49.4
Smoke cigarettes	83.5	79.7	65.9	66.1	66.5
Use marijuana	87.6	82.8	65.2	62.1	59.1
Purposely damage property not belonging to them	82.5	79.8	72.0	70.8	89.2
Carry a knife, gun or other weapon	82.3	79.7	71.9	74.2	83.5
Steal something worth less than \$100	83.1	80.5	67.7	71.1	81.3
Pick a fight with someone (not family)	73.0	68.9	63.3	68.3	71.8
Attack someone to hurt them	83.1	85.0	79.0	76.0	88.1
Tease someone to hurt their feelings	76.3	77.4	70.7	68.8	83.9
Say nothing to a bully	75.8	66.5	63.8	60.0	72.2
Use inhalants	87.0	87.6	75.3	77.7	81.8
Cheat on a test at school	67.0	65.7	53.0	46.4	55.2
Drink and drive	89.7	91.4	84.1	88.9	94.3
Play games for money, like poker	67.8	58.8	50.0	47.4	44.9
Place bets on-line	74.7	65.0	56.7	57.3	56.8
Play scratch tickets for money	64.9	52.1	43.8	41.1	35.6

\* Score = % of maximum (0=not at all wrong, 50=somewhat wrong, 100=very wrong)

**Table 32. How youth report spending time after school**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How many hours a day do you usually spend doing homework?					
None	0.0	0.5	1.0	0.5	2.3
Less than 1 hour	43.9	32.0	13.3	19.5	14.4
1-3 hours	56.1	62.9	63.3	58.9	64.4
More than 3 hours	0.0	4.6	22.4	21.1	19.0
How many hours a week do you usually spend:					
Exercising, working out, or playing informal sports					
None	7.5	7.1	5.8	7.0	9.6
1-2 hours	38.5	39.1	28.8	37.0	33.7
3-6 hours	34.2	27.4	26.4	29.5	23.0
7 hours or more	19.8	26.4	38.9	26.5	33.7
Playing or practicing organized sports					
None	27.3	29.4	26.5	31.5	39.2
1-2 hours	32.8	27.3	13.7	11.0	8.1
3-6 hours	26.8	24.2	18.1	21.0	16.1
7 hours or more	13.1	19.1	41.7	36.5	36.6
In clubs (like school clubs, scouts, boys/girls club)					
None	76.2	79.4	60.6	50.5	44.6
1-2 hours	18.4	14.4	28.4	38.9	43.5
3-6 hours	4.3	3.1	5.8	5.1	7.6
7 hours or more	1.1	3.1	5.3	5.6	4.3
Watching TV					
None	5.9	12.2	9.3	11.5	13.5
1-2 hours	49.7	43.1	48.8	49.0	45.9
3-6 hours	33.5	33.5	28.8	26.0	25.9
7 hours or more	10.8	11.2	13.2	13.5	14.6
Reading books, magazines or newspapers					
None	17.7	17.9	19.1	21.2	29.0
1-2 hours	57.0	57.1	58.3	59.1	55.9
3-6 hours	16.7	16.3	18.1	16.7	11.8
7 hours or more	8.6	8.7	4.4	3.0	3.2
Hanging out with friends in public areas					
None	36.4	22.8	23.6	28.7	19.0
1-2 hours	48.9	49.7	58.7	47.2	52.2
3-6 hours	13.0	21.8	13.9	21.5	21.2
7 hours or more	1.6	5.7	3.8	2.6	7.6
Working at a paying job					
None	63.4	58.2	56.0	53.3	45.7
1-2 hours	28.0	29.1	28.0	27.1	24.2
3-6 hours	6.5	12.2	11.6	16.1	15.6
7 hours or more	2.2	0.5	4.3	3.5	14.5

**Table 32. How youth report spending time after school, continued**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How many hours a week do you usually spend:					
Helping around the house					
None	16.8	18.4	17.9	15.0	18.4
1-2 hours	67.0	59.2	58.5	66.5	55.1
3-6 hours	12.4	19.9	19.8	16.5	21.6
7 hours or more	3.8	2.6	3.9	2.0	4.9
Doing volunteer work					
None	66.8	64.3	53.1	55.0	48.9
1-2 hours	26.6	27.6	38.6	36.0	34.9
3-6 hours	6.0	6.6	6.8	5.5	11.8
7 hours or more	0.5	1.5	1.4	3.5	4.3
In a band, choir, orchestra, or playing a musical instrument					
None	28.0	33.5	64.7	64.5	70.1
1-2 hours	48.9	44.2	16.4	14.5	11.2
3-6 hours	18.3	14.7	12.6	15.0	9.1
7 hours or more	4.8	7.6	6.3	6.0	9.6
Attending religious services or programs					
None	47.1	50.5	65.9	69.7	68.4
1-2 hours	43.9	41.8	29.8	25.8	26.2
3-6 hours	8.0	6.6	3.4	3.5	3.7
7 hours or more	1.1	1.0	1.0	1.0	1.6
Using a computer unrelated to school					
None	3.8	4.1	3.9	0.5	1.6
1-2 hours	47.5	33.0	27.5	17.5	18.3
3-6 hours	33.9	38.6	43.5	38.5	30.6
7 hours or more	14.8	24.4	25.1	43.5	49.5
Playing video games					
None	42.5	48.7	54.9	50.5	67.4
1-2 hours	31.7	29.7	29.6	28.5	19.3
3-6 hours	16.7	12.3	10.2	16.5	10.2
7 hours or more	9.1	9.2	5.3	4.5	3.2
Talking on the telephone					
None	14.5	10.7	7.7	7.5	6.5
1-2 hours	55.4	50.8	53.1	39.7	33.2
3-6 hours	17.7	23.4	22.7	28.6	25.0
7 hours or more	12.4	15.2	16.4	24.1	35.3
Listening to music					
None	8.0	7.1	3.4	3.0	3.2
1-2 hours	47.6	35.0	39.9	28.6	22.7
3-6 hours	24.6	28.4	27.9	32.2	28.6
7 hours or more	19.8	29.4	28.8	36.2	45.4

**Table 33. Youth athletic activities**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
What kinds of athletics are you involved in?					
None	9.1	9.6	11.1	12.5	21.9
Informal, not organized	20.3	31.5	21.6	24.5	26.2
Organized outside school	78.6	75.6	38.5	34.5	31.6
School physical education	21.9	34.0	25.5	25.5	28.9
School intramural sports	8.0	9.1	1.0	1.5	1.1
Varsity, JV or freshman teams	1.6	4.1	59.6	58.5	54.0

**Table 34. Self concept**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How much do you disagree or agree with the following:					
I am good at making friends.					
Strongly disagree	1.6	2.0	2.0	2.0	4.4
Disagree	2.7	6.1	9.9	6.6	7.7
Agree	54.3	50.8	50.5	57.4	56.3
Strongly agree	41.3	41.1	37.6	34.0	31.7
I feel no one understands me.					
Strongly disagree	42.9	34.5	24.9	24.5	23.5
Disagree	42.3	42.1	51.2	51.5	49.2
Agree	12.6	18.3	19.4	19.9	22.4
Strongly agree	2.2	5.1	4.5	4.1	4.9
At times, I think I am no good at all.					
Strongly disagree	45.7	33.0	30.8	29.1	29.8
Disagree	28.8	34.5	33.8	32.7	34.3
Agree	20.7	26.9	27.9	30.1	28.7
Strongly agree	4.9	5.6	7.5	8.2	7.2
I feel lonely.					
Strongly disagree	51.6	41.8	30.0	25.0	25.8
Disagree	27.7	34.2	48.0	45.4	41.8
Agree	17.9	19.9	17.0	23.5	26.9
Strongly agree	2.7	4.1	5.0	6.1	5.5
I am good at making decisions.					
Strongly disagree	2.2	2.0	4.0	3.1	6.0
Disagree	12.0	10.7	12.6	13.8	15.8
Agree	56.3	48.0	53.0	52.3	53.0
Strongly agree	29.5	39.3	30.3	30.8	25.1

**Table 34. Self-concept, continued**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How much do you disagree or agree with the following:					
I feel that no one really cares about me.					
Strongly disagree	64.7	56.3	48.5	49.0	41.2
Disagree	25.0	29.9	40.1	36.7	44.0
Agree	8.2	11.7	9.9	9.7	12.6
Strongly agree	2.2	2.0	1.5	4.6	2.2
I feel I do not have much to be proud of.					
Strongly disagree	63.7	51.8	44.8	40.3	39.3
Disagree	26.4	33.5	35.3	36.7	38.8
Agree	6.6	11.7	15.4	17.3	17.5
Strongly agree	3.3	3.0	4.5	5.6	4.4
I think I have a good sense of humor.					
Strongly disagree	1.6	3.6	3.0	2.6	3.8
Disagree	10.4	5.1	5.0	8.2	5.5
Agree	50.5	51.0	57.9	46.4	56.0
Strongly agree	37.4	40.3	34.2	42.9	34.6
I often have trouble sleeping.					
Strongly disagree	35.9	32.5	25.4	24.5	27.5
Disagree	41.3	38.1	41.3	39.8	35.2
Agree	15.2	22.2	22.4	24.0	22.5
Strongly agree	7.6	7.2	10.9	11.7	14.8
I feel sad most of the time.					
Strongly disagree	62.0	53.6	40.8	33.8	39.0
Disagree	29.3	36.7	42.8	50.3	43.4
Agree	6.5	7.1	12.9	11.8	12.6
Strongly agree	2.2	2.6	3.5	4.1	4.9
On the whole, I like myself.					
Strongly disagree	3.3	1.5	5.0	5.1	3.3
Disagree	4.3	10.2	10.0	8.7	17.1
Agree	40.8	42.3	49.8	52.0	51.4
Strongly agree	51.6	45.9	35.3	34.2	28.2
I have so much energy, I don't know what to do with it.					
Strongly disagree	15.2	11.7	14.6	21.9	21.0
Disagree	55.4	56.3	54.8	52.6	55.8
Agree	21.2	23.4	22.1	18.9	19.3
Strongly agree	8.2	8.6	8.5	6.6	3.9
I have less energy than I think I should.					
Strongly disagree	42.4	39.3	27.9	17.9	18.8
Disagree	43.5	43.4	43.8	47.4	45.9
Agree	12.0	14.3	21.9	23.5	28.2
Strongly agree	2.2	3.1	6.5	11.2	7.2

**Table 34. Self-concept, continued**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How much do you disagree or agree with the following:					
I have a number of good qualities.					
Strongly disagree	1.7	3.1	2.5	2.6	2.7
Disagree	2.2	6.1	3.0	7.2	9.9
Agree	50.8	41.3	55.0	59.5	59.9
Strongly agree	45.3	49.5	39.6	30.8	27.5
All in all, I am glad I am me.					
Strongly disagree	2.7	2.0	2.5	2.6	2.7
Disagree	3.8	4.1	9.5	11.8	14.3
Agree	34.6	38.1	43.3	45.1	43.4
Strongly agree	58.8	55.8	44.8	40.5	39.6
I wish I were dead.					
Strongly disagree	0.0	0.0	0.0	0.0	0.0
Disagree	0.0	0.0	0.0	0.0	0.0
Agree	0.0	0.0	0.0	0.0	0.0
Strongly agree	0.0	0.0	0.0	0.0	0.0
I am restless and can't sit still					
Strongly disagree	29.3	27.9	22.4	18.9	18.1
Disagree	48.9	45.2	49.3	52.6	54.4
Agree	16.8	20.3	19.9	23.0	23.6
Strongly agree	4.9	6.6	8.5	5.6	3.8
I have trouble concentrating.					
Strongly disagree	26.9	25.9	21.9	12.8	11.0
Disagree	41.2	46.7	34.3	48.0	35.2
Agree	25.8	19.8	28.9	30.1	39.0
Strongly agree	6.0	7.6	14.9	9.2	14.8
I would stick up for someone being bullied.					
Strongly disagree	2.7	3.1	3.5	1.0	3.8
Disagree	5.4	11.8	13.4	13.8	11.0
Agree	49.5	53.3	54.2	52.8	57.7
Strongly agree	42.4	31.8	28.9	32.3	27.5

**Table 34A. Self concept scores**

Questions and responses	Grade				
	7	8	9	10	11
	score*				
How much do you disagree or agree with the following:					
I am good at making friends.	78.4	77.0	74.6	74.5	71.8
I feel no one understands me.	24.7	31.3	34.5	34.5	36.2
At times, I think I am no good at all.	28.3	35.0	37.3	39.1	37.8
I feel lonely.	23.9	28.7	32.3	36.9	37.4
I am good at making decisions.	71.0	74.8	69.9	70.3	65.8
I feel that no one really cares about me.	15.9	19.8	21.5	23.3	25.3
I feel I do not have much to be proud of.	16.5	22.0	26.5	29.4	29.0
I think I have a good sense of humor.	74.5	76.0	74.4	76.5	73.8
I often have trouble sleeping.	31.5	34.7	39.6	41.0	41.6
I feel sad most of the time.	16.3	19.6	26.4	28.7	27.8
On the whole, I like myself.	80.3	77.6	71.8	71.8	68.1
I have so much energy, I don't know what to do.	40.8	43.0	41.5	36.7	35.4
I have less energy than I think I should.	24.6	27.0	35.7	42.7	41.3
I have a number of good qualities.	79.9	79.1	77.2	72.8	70.7
All in all, I am glad I am me.	83.2	82.6	76.8	74.5	73.3
I am restless and can't sit still	32.4	35.2	38.1	38.4	37.7
I have trouble concentrating.	37.0	36.4	45.6	45.2	52.6
I would stick up for someone being bullied.	77.2	71.3	69.5	72.1	69.6

\* Score = % of maximum (strongly disagree=0, disagree=33, agree=66, strongly agree=100)

**Table 35. Perceptions of normative use**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
About how many students in your grade do you think regularly use:					
Cigarettes					
Fewer than 5%	93.5	75.6	49.0	32.5	19.9
5-10%	4.8	20.8	25.0	36.0	30.1
10-20%	0.5	2.0	13.5	19.5	19.9
20-30%	0.5	1.0	9.1	9.0	18.3
30-50%	0.5	0.5	2.4	3.0	8.1
More than 50%	0.0	0.0	1.0	0.0	3.8
Alcohol					
Fewer than 10%	72.8	56.1	7.7	3.5	1.1
10-25%	19.6	33.7	23.2	11.1	2.7
25-50%	6.0	4.1	34.3	19.2	8.2
50-75%	1.6	3.1	21.7	39.4	34.4
75-90%	0.0	2.0	10.1	22.7	39.3
More than 90%	0.0	1.0	2.9	4.0	14.2
Marijuana					
Fewer than 5%	90.8	73.5	17.0	8.0	5.5
5-10%	5.4	15.8	18.9	12.0	4.4
10-20%	2.2	4.6	21.8	19.0	5.5
20-30%	0.0	3.1	22.3	26.5	24.0
30-50%	1.1	1.5	16.0	25.0	32.2
More than 50%	0.5	1.5	3.9	9.5	28.4
Median estimates					
Cigarettes	1.3	1.7	2.7	4.9	7.5
Alcohol	3.4	4.5	28.6	47.8	64.3
Marijuana	1.4	1.7	12.3	19.2	30.0

## SECTION 4. FAMILY DOMAIN

**Table 36. Family attitudes toward alcohol, tobacco, and marijuana**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How wrong do your parents/guardians feel it would be if you: Drink beer, wine, or hard liquor (more than a few sips)?					
Not at all wrong	2.2	1.5	2.9	8.1	12.2
A little bit wrong	4.9	9.7	21.5	20.2	33.1
Wrong	29.2	30.1	26.3	36.4	27.6
Very wrong	63.8	58.7	49.3	35.4	27.1
Smoke cigarettes?					
Not at all wrong	0.0	0.0	0.5	0.0	0.5
A little bit wrong	1.1	2.5	2.4	1.0	4.3
Wrong	13.6	14.7	18.8	19.5	27.0
Very wrong	85.3	82.7	78.3	79.5	68.1
Use marijuana?					
Not at all wrong	0.0	0.0	2.0	0.5	6.1
A little bit wrong	1.6	1.5	5.4	7.5	14.4
Wrong	5.4	10.7	22.4	24.6	23.2
Very wrong	93.0	87.8	70.2	67.3	56.4

**Table 37. Family status of alcohol and cigarette use**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
Does either parent drink alcoholic beverages?					
Yes	84.8	86.3	87.9	90.5	89.5
Do brothers or sisters drink alcoholic beverages?					
Yes	12.5	27.4	41.7	48.5	54.9
I don't know	12.0	7.1	8.7	8.0	4.9
I have no siblings	7.1	7.6	4.9	5.5	7.7
Has a family member used alcohol enough to create problems?					
Yes	8.1	11.2	17.3	16.0	21.9
Does either parent smoke cigarettes?					
Yes	7.5	6.6	7.3	12.1	11.9
Do brothers or sisters smoke cigarettes?					
Yes	2.1	6.1	8.7	7.0	14.7
I have no siblings	3.7	4.6	3.9	4.0	5.4

**Table 38. Family management**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
On a regular day, how many hours do you usually spend after school without an adult present?					
None	12.4	12.2	8.7	4.0	3.8
Less than 1 hour	39.8	31.0	23.1	25.5	19.9
1-2 hours	38.2	34.5	43.8	44.5	34.4
Up to 4 hours	7.0	15.2	17.8	16.0	24.2
More than 4 hours	2.7	7.1	6.7	10.0	17.7
When I am away from home, my parent/guardian knows where I am and who I am with.					
Definitely not true	0.0	1.5	1.0	1.0	2.2
Mostly not true	2.2	1.5	2.9	5.0	8.6
Mostly true	27.4	29.6	45.9	53.5	61.3
Definitely true	70.4	67.3	50.2	40.5	28.0
If I break one of my parent's rules, I usually get punished.					
Definitely not true	2.7	4.1	2.4	3.5	5.4
Mostly not true	14.1	9.8	18.0	16.5	23.7
Mostly true	44.3	52.6	49.5	51.5	45.2
Definitely true	38.9	33.5	30.1	28.5	25.8
My family has clear rules discouraging drinking alcohol.					
Definitely not true	4.3	4.1	2.4	2.5	7.7
Mostly not true	8.6	6.6	18.4	23.5	26.8
Mostly true	28.1	38.8	39.1	38.5	35.5
Definitely true	58.9	50.5	40.1	35.5	30.1
My family has clear rules discouraging smoking.					
Definitely not true	4.3	1.5	3.4	3.0	4.3
Mostly not true	2.7	3.0	5.8	7.0	10.3
Mostly true	10.8	21.3	19.3	18.1	15.1
Definitely true	82.3	74.1	71.5	71.9	70.3

**Table 39. Parental attachment and communication**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I feel very close to my parent/guardian(s)					
Definitely not true	2.2	3.1	3.4	2.5	2.7
Mostly not true	4.8	5.6	7.7	4.5	11.9
Mostly true	18.3	24.0	34.3	34.0	40.5
Definitely true	74.7	67.3	54.6	59.0	44.9
I enjoy spending time with my parent/guardian(s)					
Definitely not true	2.2	2.6	4.4	2.5	1.6
Mostly not true	11.3	10.3	11.2	12.1	16.2
Mostly true	33.3	44.1	49.8	42.7	48.6
Definitely true	53.2	43.1	34.6	42.7	33.5
I share my thoughts and feelings with my parent/guardian(s)					
Definitely not true	7.0	10.2	10.6	8.0	8.6
Mostly not true	18.4	20.9	22.2	27.0	31.2
Mostly true	44.9	47.4	45.4	47.5	38.7
Definitely true	29.7	21.4	21.7	17.5	21.5

**Table 40. Positive family involvement**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
My parent/guardian(s): Gives lots of chances to do fun things with them and my family.					
Definitely not true	1.1	3.1	3.4	1.5	4.8
Mostly not true	8.2	10.7	13.1	10.0	18.8
Mostly true	33.7	41.8	45.1	49.0	45.2
Definitely true	57.1	44.4	38.3	39.5	31.2
Gives me help and support.					
Definitely not true	0.5	1.0	1.9	0.5	1.1
Mostly not true	2.2	6.1	6.3	3.0	7.5
Mostly true	21.5	25.5	25.1	34.0	36.0
Definitely true	75.8	67.3	66.7	62.5	55.4
Asks if my homework is done.					
Definitely not true	2.7	4.6	2.4	4.0	9.7
Mostly not true	5.4	6.7	13.0	12.1	14.1
Mostly true	21.6	26.7	27.5	32.7	35.7
Definitely true	70.3	62.1	57.0	51.3	40.5
Participates in activities at my school.					
Definitely not true	14.5	13.8	18.0	21.5	19.0
Mostly not true	31.7	29.6	24.9	22.5	23.9
Mostly true	33.3	33.7	42.0	39.0	37.5
Definitely true	20.4	23.0	15.1	17.0	19.6

## SECTION 5. SCHOOL DOMAIN

**Table 41. School performance**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
What kinds of grades do you usually get?					
Mostly A's	32.4	27.9	20.2	21.5	23.5
A's and B's	44.9	35.5	44.7	43.5	42.8
Mostly B's	18.4	25.9	22.6	27.5	24.1
B's and C's	2.2	9.1	7.7	6.5	3.7
Mostly C's	2.2	1.5	2.4	1.0	4.3
C's and D's	0.0	0.0	1.0	0.0	1.1
Mostly D's	0.0	0.0	1.0	0.0	0.5
D's and F's	0.0	0.0	0.5	0.0	0.0
Mostly F's	0.0	0.0	0.0	0.0	0.0
On average, how many hours a day do you spend doing homework?					
None	0.0	0.5	1.0	0.5	2.1
Less than 1 hour	43.9	31.5	12.5	18.5	13.4
1-3 hours	56.1	61.9	59.6	56.0	59.9
3-5 hours	0.0	4.6	21.2	20.0	17.6
More than 5 hours	0.0	1.5	5.8	5.0	7.0

**Table 42. Perception of school enforcement of policies on substances**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
What is most severe discipline if student is caught at school:					
With an alcoholic beverage?					
Nothing	0.5	0.5	0.0	1.0	0.5
Sent to principal's office	0.5	0.5	3.4	0.5	0.0
Detention	0.5	1.5	4.8	4.0	6.0
Suspension	36.4	27.4	48.3	53.3	45.6
Expulsion	34.2	44.7	22.2	24.6	27.5
I don't know	27.7	25.4	21.3	16.6	20.3
Smoking a cigarette?					
Nothing	0.5	0.5	1.9	0.0	1.1
Sent to principal's office	2.7	0.5	3.8	3.5	5.9
Detention	0.0	1.5	6.3	13.1	18.3
Suspension	33.0	28.9	41.8	51.8	41.4
Expulsion	31.4	38.1	16.3	11.6	5.4
I don't know	32.4	30.5	29.8	20.1	28.0
In possession of marijuana?					
Nothing	0.5	0.5	0.5	0.5	0.5
Sent to principal's office	0.0	0.0	0.5	0.5	0.5
Detention	0.0	0.0	1.0	0.0	0.0
Suspension	11.9	10.7	35.0	37.0	36.1
Expulsion	65.4	68.9	47.1	53.5	48.6
I don't know	22.2	19.9	16.0	8.5	14.2

**Table 43. Commitment to school**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
I try hard to do good work at school.					
Definitely not true	1.1	1.0	1.0	0.5	1.1
Mostly not true	1.6	2.0	3.4	3.5	5.9
Mostly true	38.2	38.1	38.9	46.5	42.5
Definitely true	59.1	58.9	56.7	49.5	50.5
I want very much to get more education after high school.					
Definitely not true	0.5	0.0	1.0	2.0	1.1
Mostly not true	3.2	1.5	1.9	2.0	1.6
Mostly true	14.6	14.7	15.4	15.5	10.2
Definitely true	81.6	83.8	81.7	80.5	87.1
It is important to me to get good grades.					
Definitely not true	1.1	0.0	1.0	1.0	0.0
Mostly not true	2.7	1.6	1.9	5.0	3.8
Mostly true	19.9	22.8	21.6	25.5	25.7
Definitely true	76.3	75.6	75.5	68.5	70.5
I have given up on school.					
Definitely not true	93.5	82.7	81.6	73.9	68.6
Mostly not true	3.8	13.8	13.5	18.1	22.2
Mostly true	2.2	2.6	2.4	5.0	5.9
Definitely true	0.5	1.0	2.4	3.0	3.2
I feel safe at school.					
Definitely not true	1.1	2.0	1.0	4.0	0.0
Mostly not true	4.3	4.1	3.8	4.5	7.1
Mostly true	47.8	56.1	48.6	41.7	34.4
Definitely true	46.7	37.8	46.6	49.7	58.5

**Table 44. School environment**

Questions and responses	Grade				
	7	8	9	10	11
How true are the following?	%	%	%	%	%
A lot of drugs are available in my school.					
Definitely not true	81.1	58.4	10.7	8.6	9.1
Mostly not true	15.7	36.0	35.0	27.3	22.6
Mostly true	2.7	3.6	35.4	42.4	43.5
Definitely true	0.5	2.0	18.9	21.7	24.7
Adults in my school try to keep kids off drugs.					
Definitely not true	5.4	5.6	1.5	2.0	5.9
Mostly not true	3.3	4.6	3.9	6.0	8.1
Mostly true	6.0	21.8	28.6	36.7	41.1
Definitely true	85.3	68.0	66.0	55.3	44.9
In my school kids are often bullied.					
Definitely not true	9.2	5.2	6.3	10.0	5.3
Mostly not true	54.1	45.6	48.6	46.0	55.1
Mostly true	26.5	28.5	27.9	30.0	24.1
Definitely true	10.3	20.7	17.3	14.0	15.5

**SECTION 6. COMMUNITY DOMAIN**

**Table 45. Perception of neighborhood environment**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
In my neighborhood:					
There are lots of things for young people to do					
Definitely not true	4.9	10.2	14.3	15.1	27.3
Mostly not true	14.2	27.6	26.1	34.2	38.8
Mostly true	36.6	32.1	44.3	32.2	26.8
Definitely true	44.3	30.1	15.3	18.6	7.1
It is a safe place					
Definitely not true	2.7	4.6	1.0	0.5	4.4
Mostly not true	2.2	6.6	6.4	5.6	3.8
Mostly true	42.3	56.1	48.0	49.2	45.4
Definitely true	52.7	32.7	44.6	44.6	46.4
Kids are often taunted to hurt their feelings					
Definitely not true	8.2	6.2	6.9	9.0	8.7
Mostly not true	56.0	49.7	49.0	53.5	57.1
Mostly true	26.6	25.4	33.2	24.5	20.7
Definitely true	9.2	18.7	10.9	13.0	13.6

**Table 46. Neighborhood drug involvement**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
In my neighborhood:					
A lot of drugs are sold					
Definitely not true	50.0	30.3	10.8	8.0	6.0
Mostly not true	37.5	43.1	41.4	35.2	34.2
Mostly true	8.2	19.5	33.0	41.2	43.5
Definitely true	4.3	7.2	14.8	15.6	16.3
A lot of kids I know are into using drugs					
Definitely not true	51.4	25.0	4.9	5.6	3.3
Mostly not true	38.3	51.5	35.5	26.4	17.4
Mostly true	6.6	16.3	44.3	43.1	41.8
Definitely true	3.8	7.1	15.3	24.9	37.5
People are trying to keep kids off drugs					
Definitely not true	3.8	5.1	1.5	1.0	7.6
Mostly not true	1.6	5.6	9.4	11.1	15.2
Mostly true	20.2	33.0	44.3	50.8	46.7
Definitely true	74.3	56.3	44.8	37.2	30.4

**Table 47. Perception of strategies to prevent alcohol use**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How important do you think the following are in preventing kids from drinking alcohol?					
High price					
Very important	13.0	21.3	12.6	8.5	14.2
Somewhat important	29.9	33.5	38.8	40.7	35.0
Not important	47.8	37.1	45.1	48.7	47.5
I don't know	9.2	8.1	3.4	2.0	3.3
Checking ID's in stores and bars					
Very important	67.9	64.0	45.4	38.4	40.4
Somewhat important	18.5	23.4	31.9	40.4	40.4
Not important	6.0	5.6	21.3	19.2	18.0
I don't know	7.6	7.1	1.4	2.0	1.1
Ads that show the problems associated with drinking					
Very important	40.2	27.0	23.3	8.0	6.0
Somewhat important	37.0	36.7	26.7	28.1	22.5
Not important	13.6	27.6	45.6	62.8	65.9
I don't know	9.2	8.7	4.4	1.0	5.5
Friends who don't drink					
Very important	46.7	45.9	38.2	37.9	25.8
Somewhat important	38.6	37.2	39.1	44.4	47.3
Not important	9.2	9.7	19.3	16.2	24.7
I don't know	5.4	7.1	3.4	1.5	2.2
Friends who disapprove of drinking					
Very important	56.5	57.1	33.8	38.2	25.7
Somewhat important	29.3	27.0	42.0	38.7	44.3
Not important	8.7	10.7	21.3	22.1	27.9
I don't know	5.4	5.1	2.9	1.0	2.2
Parental strictness about drinking					
Very important	64.1	57.9	38.3	34.8	33.3
Somewhat important	27.2	32.8	45.1	45.5	44.8
Not important	3.8	6.7	15.0	18.7	20.8
I don't know	4.9	2.6	1.5	1.0	1.1
Driver's license suspension					
Very important	55.7	57.4	49.3	50.3	42.9
Somewhat important	27.3	25.4	35.3	35.7	39.6
Not important	7.7	9.6	11.1	11.1	13.2
I don't know	9.3	7.6	4.3	3.0	4.4
Fine of \$200					
Very important	57.6	56.9	43.7	37.7	32.4
Somewhat important	24.5	22.8	32.5	37.2	34.1
Not important	12.5	13.7	19.4	21.6	28.6
I don't know	5.4	6.6	4.4	3.5	4.9

**Table 47. Perception of strategies to prevent alcohol use, continued**

Questions and responses	Grade				
	7	8	9	10	11
	%	%	%	%	%
How important do you think the following are in preventing kids from drinking alcohol?					
Alcohol education in school					
Very important	52.2	33.5	23.7	11.6	7.7
Somewhat important	29.9	36.0	37.7	35.7	25.1
Not important	11.4	22.3	35.7	50.3	62.3
I don't know	6.5	8.1	2.9	2.5	4.9
Alcohol-free activities					
Very important	44.6	40.6	30.0	17.1	10.4
Somewhat important	26.1	31.5	31.9	29.6	32.4
Not important	21.2	19.8	33.8	51.3	52.2
I don't know	8.2	8.1	4.3	2.0	4.9
Fear of addiction					
Very important	49.7	47.2	25.6	15.2	11.5
Somewhat important	29.5	27.4	31.4	29.8	26.2
Not important	16.4	19.8	37.7	50.5	55.7
I don't know	4.4	5.6	5.3	4.5	6.6
Blood alcohol or breathalyzer tests at school or home					
Very important	42.9	42.3	33.2	34.2	23.6
Somewhat important	29.7	31.6	41.5	46.2	50.5
Not important	16.5	17.9	21.0	17.6	22.5
I don't know	11.0	8.2	4.4	2.0	3.3

## SECTION 7. COMPARISONS

**Table 48. Lifetime substance use prevalence**

Substance (any amount )	Grade 8			Grade 10		
	Westport	MTF	DRG	Westport	MTF	DRG
	2011	2010	A-C 2008-11	2011	2010	A-C 2008-11
	%	%	%	%	%	%
Cigarettes	4.6	30.0	5.4	10.1	51.3	18.4
Alcohol	34.5	35.8	25.9	65.0	58.2	59.8
Marijuana	3.6	17.3	4.8	33.0	33.4	26.2
Cocaine	0.5	2.6	0.3	0.5	3.7	1.6
Crack Cocaine	0.0	1.5	0.2	0.0	1.8	0.5
Heroin	0.5	1.3	0.1	0.0	1.3	0.5
Hallucinogens	0.5	3.4	0.9	2.5	6.1	4.5
Angel Dust (PCP)	0.5	n/a	0.4	0.5	n/a	0.9
MDMA (ecstasy)	0.5	3.3	0.2	1.5	6.4	1.2
Ketamine	0.5	n/a	0.2	0.0	n/a	0.6
GHB	0.0	0.9	0.1	0.0	1.4	0.2
Salvia	0.5	n/a	2.0	4.0	n/a	12.7
Methamphetamine	0.5	1.8	n/a	0.0	2.5	n/a
K2 or Spice	0.0	n/a	n/a	2.5	n/a	n/a
Any illicit drug other than marijuana	1.0	10.6	n/a	7.5	16.8	n/a
Steroids	1.0	1.1	1.0	0.0	1.6	0.3
Downers	6.1	n/a	3.8	8.0	n/a	7.3
Tranquilizers	0.5	4.0	0.4	1.5	7.3	1.3
Uppers (e.g., stimulants, amphetamines)	0.0	5.7	0.8	0.5	10.6	3.8
Pain meds (e.g., Oxycontin, Vicodin)	10.7	n/a	4.6	6.5	n/a	11.2
Over-the-counter meds (e.g., cough med, mouthwash)	2.1	n/a	4.1	3.0	n/a	7.2
Any non-prescribed med	15.2	n/a	9.1	14.5	n/a	14.9
Inhalants	5.1	14.5	3.7	6.5	12.0	7.3
Energy drinks	61.4	n/a	63.5	67.5	n/a	76.1

\* n/a = data not available

**Table 49. 30-Day substance use prevalence**

Substance (any amount )	Grade 8			Grade 10		
	Westport	MTF	DRG A-C	Westport	MTF	DRG A-C
	2011	2010	2008-11	2011	2010	2008-11
	%	%	%	%	%	%
Cigarettes	0.5	7.1	1.9	3.0	13.6	8.6
Alcohol	8.1	13.8	7.4	37.0	28.9	32.2
Marijuana	1.0	8.0	2.7	16.5	16.7	16.4
Cocaine	0.0	0.6	0.0	0.0	0.9	0.2
Crack Cocaine	0.0	0.4	0.0	0.0	0.5	0.2
Heroin	0.0	0.4	0.0	0.0	0.4	0.1
Hallucinogens	0.0	1.0	0.0	0.0	1.6	1.9
Angel Dust (PCP)	0.0	n/a	0.0	0.0	n/a	0.0
MDMA (ecstasy)	0.5	1.1	0.0	0.5	1.9	0.5
Ketamine	0.0	n/a	0.0	0.0	n/a	0.1
GHB	0.0	0.2	0.1	0.0	0.3	0.0
Salvia	0.5	n/a	4.0	0.0	n/a	3.8
Methamphetamine	0.0	0.7	n/a	0.0	0.7	n/a
K2 or Spice	0.5	n/a	n/a	1.0	n/a	n/a
Any illicit drug other than marijuana	0.5	3.5	n/a	1.5	5.8	n/a
Steroids	1.0	0.3	0.1	0.0	0.5	0.3
Downers	1.5	n/a	0.2	2.0	n/a	2.1
Tranquilizers	0.0	1.2	0.0	0.0	2.2	0.7
Uppers (e.g., stimulants, amphetamines)	0.5	1.8	0.3	1.5	3.3	1.6
Pain meds (e.g., Oxycontin, Vicodin)	3.0	n/a	0.9	1.5	n/a	3.5
Over-the-counter meds (e.g., cough med, mouthwash)	1.5	n/a	1.3	1.0	n/a	2.0
Any non-prescribed med	5.1	n/a	0.0	4.0	n/a	0.0
Inhalants	0.5	3.6	0.6	2.0	2.0	0.8
Energy drinks	28.6	n/a	35.6	21.8	n/a	33.1

\* n/a = data not available

**Table 50. Perception of harm and availability**

Substance	Grade 8			Grade 10		
	Westport	MTF	DRG	Westport	MTF	DRG
	2011	2010	A-C 2008-11	2011	2010	A-C 2008-11
	%	%	%	%	%	%
<b>Perception of "great harm" with regular use</b>						
Cigarettes (pack per day)	73.0	60.9	72.7	73.5	67.2	68.3
Alcohol (1-2 per day)	39.5	32.3	37.2	26.8	33.1	27.8
Marijuana (regularly)	65.8	68.0	71.6	25.5	57.2	38.5
<b>Parents would feel it "very wrong" for me to use:</b>						
Cigarettes	82.7	n/a	80.8	79.5	n/a	72.2
Alcohol	58.7	n/a	59.4	35.4	n/a	40.0
Marijuana	87.8	n/a	89.6	67.3	n/a	72.3
<b>Substance "fairly" or "very" easily available</b>						
Cigarettes	33.5	55.5	37.9	60.3	75.6	71.6
Alcohol	77.2	61.1	67.6	84.4	80.0	86.7
Marijuana	28.9	41.4	22.9	68.3	69.4	68.0

**Table 51. Comparison in Westport: Tobacco**

Measurement	Grades 7-8		Grades 9-10	
	2000	2011	2000	2011
	%	%	%	%
Lifetime cigarette use	19.9	3.1	54.4	7.9
30-day cigarette use	8.4	0.5	25.8	2.5
Parent(s) smoke	17.3	7.1	26.7	9.6
Very easy to get	13.3	8.1	45.4	24.1
Source sometimes or often:				
Friends	14.2	1.0	50.6	4.5
Parents, no permission	7.1	1.0	12.7	1.8
Store	5.7	0.3	29.1	1.4
Perceived great harm, regular use	76.0	74.6	73.8	71.7
Most close friends use	1.8	0.8	16.7	1.0
Very wrong for teen to use	50.5	91.3	14.8	58.7
Parent feels very wrong for me	80.5	84.0	57.3	78.9

**Table 52. Comparison in Westport: Alcohol**

Measurement	Grades 7-8		Grades 9-10	
	2000	2011	2000	2011
	%	%	%	%
Lifetime use	47.6	27.2	78.3	57.0
30-day use	20.5	6.3	56.6	31.0
Drunk 3 or more times	5.6	0.5	26.1	20.6
Drink 4 or more at a time	3.2	0.0	19.9	13.8
Family rule discourages use	68.6	54.6	46.8	37.8
Parent(s) drink	63.0	85.6	65.9	89.2
Problem drinking in family	19.0	9.7	24.8	16.7
Very easy to get	28.4	35.1	42.0	53.2
Source sometimes or often:				
Friends	30.1	4.4	70.7	41.8
Parents, no permission	17.5	4.7	43.8	23.0
Store	3.8	0.3	17.7	2.5
Place of alcohol or drug use				
At home	9.0	20.4	30.0	20.9
Homes of other people	8.1	5.9	40.4	42.8
Perceived great harm, regular use	50.5	37.7	56.4	30.4
Most close friends use	2.3	1.8	33.5	29.2
Very wrong for teen to use	36.2	66.4	6.1	20.8
Parent feels very wrong for me	57.5	61.2	32.5	42.4
Very important in preventing teens from drinking				
High price	28.1	17.3	17.6	10.6
Checking IDs	74.8	65.9	57.4	42.0
Friends who don't drink	58.1	46.3	44.6	38.0
Parental strictness	50.0	61.0	27.2	36.6
Alcohol education in school	41.6	42.5	23.4	17.7

**Table 53. Comparison in Westport: Drugs**

Substance / Measurement	Grades 7-8		Grades 9-10	
	2000	2011	2000	2011
	%	%	%	%
<b>Marijuana</b>				
Lifetime use	5.9	2.6	39.3	23.1
30-day use	4.1	1.1	27.1	11.8
Very easy to get	6.2	8.7	33.8	33.1
Perceived great harm, regular use	78.6	72.1	66.0	34.6
Most close friends use	<1.0	0	15.3	8.2
Very wrong for teen to use	71.8	89.2	24.7	44.1
Parent feels very wrong for me	91.0	90.3	73.3	68.8
<b>Downers (barbiturates, sleeping pills, quaaludes)</b>				
Lifetime use	6.8	6.0	14.2	6.4
30-day use	<1.0	7.8	<1.0	6.7
<b>Pain meds (codeine, percodan, dilaudid)</b>				
Lifetime use	11.9	7.8	17.4	6.7
30-day use	<1.0	2.6	<1.0	2.2
<b>In past year:</b>				
Sold illegal drugs	1.4	1.3	6.9	2.5
Bought illegal drugs	2.8	1.6	19.1	9.7
<b>Lot of drugs definitely sold in my neighborhood</b>	3.6	5.8	16.2	15.2
<b>People in my neighborhood definitely trying to keep kids off drugs.</b>	42.4	65.0	23.6	41.0

## SECTION 8. CORRELATIONS – 30-DAY ALCOHOL USERS VS. NON-USERS

Tables in this section compare respondents (in all grades) who reported drinking alcoholic beverages within the past 30 days (Users) with those who reported they did not (Non-Users). Mean scores reported in each table are derived from the same data used to generate the tables in previous sections of this report. Mean scores are ascending intensity scales, as explained in footnotes. The rescaling calculation and determination of statistical significance are explained in METHODS. Statistical significances indicated are: n.s. = no significant difference ( $p > 0.05$ ), 0.05 = [ $p = 0.01$  to 0.05], **0.01** = [ $p = 0.001$  to 0.01], **0.001** = [ $p < 0.001$  to 0.001], **<0.001** = [ $p < 0.001$ ]. See METHODS.

**Table 54. Prevention strategies**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How important do you think the following are in preventing kids from drinking?				
High price	n.s.	34.4		
Checking ID's in stores and bars	n.s.	73.1		
Ads showing problems associated with drinking	<b>0.001</b>	<b>45.0</b>	<b>19.7</b>	<b>43.7</b>
Friends who don't drink	<b>0.001</b>	<b>67.0</b>	<b>48.3</b>	<b>72.0</b>
Friends who disapprove of drinking	<b>0.001</b>	<b>67.6</b>	<b>48.7</b>	<b>72.0</b>
Parental strictness about drinking	0.05	70.8	56.0	79.1
Driver's license restriction	n.s.	74.2		
Fine of \$200	<b>0.001</b>	<b>68.3</b>	<b>52.0</b>	<b>76.2</b>
Alcohol education in school	<b>&lt;0.001</b>	<b>52.4</b>	<b>21.7</b>	<b>41.4</b>
Alcohol-free activities	<b>&lt;0.001</b>	<b>53.7</b>	<b>25.1</b>	<b>46.7</b>
Fear of addiction	<b>0.001</b>	<b>53.6</b>	<b>27.2</b>	<b>50.8</b>
Blood alcohol or breathalyzer tests	n.s.	60.8		

Statistical significance:  $p$ -value  $> 0.05$  = n.s. (see Methods for further explanation).

\* Mean scores are based on the 3-point scale of Table \*\*, rescaled to 100.

Higher score indicates a perception of MORE EFFECTIVE prevention.

**Table 55. Social supports**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
When you have a problem that bothers you, how often do you talk about it with:				
Parents or guardians	<b>&lt;0.001</b>	<b>49.0</b>	<b>35.2</b>	<b>72.0</b>
A relative other than parent	0.05	20.5	13.8	67.6
A teacher	0.05	13.0	7.2	55.0
An adult who is not family or a teacher	n.s.	12.7		
A brother or sister	n.s.	30.5		
A friend	0.05	60.9	73.0	119.8
Nobody. I keep it to myself.	n.s.	47.0		

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means GREATER likelihood of talking with person(s) indicated.

**Table 56. Attitudes toward antisocial behavior**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How wrong do you think it is for someone your age to:				
Drink alcoholic beverages	<b>&lt;0.001</b>	<b>70.3</b>	<b>25.0</b>	<b>35.6</b>
Smoke cigarettes	<b>&lt;0.001</b>	<b>86.4</b>	<b>65.7</b>	<b>76.0</b>
Use marijuana	<b>&lt;0.001</b>	<b>81.8</b>	<b>42.7</b>	<b>52.3</b>
Purposely damage property not belonging to them	<b>0.001</b>	<b>88.1</b>	<b>86.7</b>	<b>98.4</b>
Carry a knife, gun or other weapon	0.05	88.5	86.5	97.8
Steal something worth less than \$100	0.05	83.3	77.8	93.4
Pick a fight with someone (not family)	<b>&lt;0.001</b>	<b>74.8</b>	<b>66.5</b>	<b>88.9</b>
Attack someone to hurt them	0.05	89.4	84.9	95.0
Taunt someone to hurt their feelings	n.s.	86.8		
Do nothing if a friend bullies someone	0.05	75.4	71.5	94.8
Use inhalants	n.s.	90.3		
Cheat on a test at school	<b>&lt;0.001</b>	<b>73.2</b>	<b>54.0</b>	<b>73.8</b>
Drink and drive	n.s.	94.3		
Play games for money, like poker	<b>0.001</b>	<b>54.7</b>	<b>37.9</b>	<b>69.2</b>
Place bets on-line	<b>0.001</b>	<b>58.7</b>	<b>42.1</b>	<b>71.6</b>
Play scratch tickets for money	n.s.	47.6		

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means the act was considered MORE WRONG by the average respondent.

**Table 57. Time spent after school**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How many hours a week do you usually spend:				
Exercising, working out, or playing sports	n.s.	57.1		
Playing or practicing organized sports	n.s.	46.1		
In clubs (like school clubs, scouts, boys/girls club)	n.s.	16.8		
Watching TV	n.s.	48.1		
Reading books, magazines or newspapers	<b>0.001</b>	<b>37.5</b>	<b>29.8</b>	<b>79.6</b>
Hanging out with friends in private homes	<b>&lt;0.001</b>	<b>31.3</b>	<b>39.6</b>	<b>126.5</b>
Working at a paying job	<b>&lt;0.001</b>	<b>19.0</b>	<b>31.2</b>	<b>164.8</b>
Helping around the house	n.s.	35.2		
Doing volunteer work	n.s.	17.7		
In a band, choir, or playing a musical instrument	n.s.	28.1		
Attending religious services	n.s.	17.2		
Using a computer unrelated to school	<b>0.001</b>	<b>62.6</b>	<b>74.5</b>	<b>118.9</b>
Playing video games	n.s.	26.0		
Talking on the telephone	<b>&lt;0.001</b>	<b>46.5</b>	<b>66.5</b>	<b>142.8</b>
Listening to music	<b>&lt;0.001</b>	<b>58.4</b>	<b>74.0</b>	<b>126.8</b>

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means more time spent in the activity by average respondent.

**Table 58. Self concept**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How much do you disagree or agree with the following:				
I am good at making friends.	n.s.	74.5		
I feel no one understands me.	n.s.	31.9		
At times, I think I am no good at all.	n.s.	35.2		
I feel lonely.	n.s.	32.1		
I am good at making decisions.	n.s.	71.3		
I feel that no one really cares about me.	0.05	20.2	23.3	115.3
I feel I do not have much to be proud of.	n.s.	23.9		
I think I have a good sense of humor.	n.s.	74.7		
I often have trouble sleeping.	n.s.	36.1		
I feel sad most of the time.	n.s.	22.5		
On the whole, I like myself.	n.s.	75.2		
I have so much energy, I don't know what to do.	n.s.	39.3		
I have less energy than I think I should.	n.s.	32.2		
I have a number of good qualities.	n.s.	77.0		
All in all, I am glad I am me.	n.s.	79.6		
I am restless and can't sit still	0.05	35.4	39.5	111.8
I have trouble concentrating.	<b>&lt;0.001</b>	<b>39.3</b>	<b>54.6</b>	<b>138.8</b>
I would stick up for someone being bullied.	n.s.	73.2		

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.  
Higher score means STRONGER AGREEMENT by average respondent.

**Table 59. Perceived reasons for drinking**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
For people your age who drink, how important are the following reasons?				
Fit in with friends	<b>&lt;0.001</b>	<b>64.9</b>	<b>50.6</b>	<b>77.9</b>
Family members drink	n.s.	29.9		
Alcohol easily available	n.s.	49.1		
Family tradition for special occasions	n.s.	44.9		
Personal choice	<b>0.001</b>	<b>62.1</b>	<b>76.4</b>	<b>123.1</b>
Fits chosen lifestyle	n.s.	50.5		
Boredom	n.s.	48.8		
Relieve stress	n.s.	59.7		
Curiosity	n.s.	68.1		
To have fun	n.s.	72.5		
Don't know	<b>0.001</b>	<b>38.1</b>	<b>33.1</b>	<b>87.1</b>

\* Mean scores are based on the 3-point scale of Table \*\*, scale inverted and rescaled to 0-100.  
Higher score means MORE IMPORTANCE attached by average respondent.

**Table 60. Perceived reasons NOT to drink**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
For people your age who do not drink, how important are the following reasons?				
Personal choice	n.s.	89.7		
Disapproval of parents	n.s.	82.7		
Disapproval of friends	<b>0.001</b>	<b>69.1</b>	<b>50.6</b>	<b>73.2</b>
Bad experiences of family, friends	n.s.	73.7		
Education about alcohol	<b>0.001</b>	<b>64.9</b>	<b>43.0</b>	<b>66.3</b>
Health reasons	n.s.	72.2		
Legal reasons	n.s.	69.7		
Ethical or moral reasons	n.s.	73.0		
Does not fit lifestyle	n.s.	71.0		
Alcohol not available	n.s.	42.9		

\* Mean scores are based on the 3-point scale of Table \*\*, scale inverted and rescaled to 0-100.  
Higher score means MORE IMPORTANCE attached by average respondent.

**Table 61. Other characteristics related to alcohol consumption**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
Have asthma	0.05	9.1	11.5	127.0
Weekday time after school without adult present	<b>&lt;0.001</b>	<b>43.6</b>	<b>57.4</b>	<b>131.5</b>
Does either parent drink alcohol?	n.s.	85.9		
Do siblings drink alcohol?	<b>&lt;0.001</b>	<b>21.5</b>	<b>32.2</b>	<b>149.4</b>
Anyone in family ever had problems with alcohol	<b>0.001</b>	<b>11.9</b>	<b>23.0</b>	<b>192.3</b>
How many close friends drink alcohol?	<b>&lt;0.001</b>	<b>27.1</b>	<b>80.4</b>	<b>296.7</b>
What kinds of grades do you mostly get?	n.s.	85.9		
How many hours a day doing homework?	n.s.	64.7		

**Appendix.**

**Survey Instrument**  
**Westport Youth Survey 2011**

# Westport Youth 2011

This survey is sponsored by Positive Directions and Westport Public Schools. The survey is open to youth in grades 7 through 12 attending school in Westport. We are conducting the survey to learn about your experiences, feelings and influences regarding tobacco, alcohol, drugs, and other activities. This is not a test. There are no right or wrong answers.

We encourage you to answer **truthfully**. Your answers cannot be traced back to you, so you can be completely honest. This is your chance to be heard.

If you are taking this survey later in the cycle, you may have heard classmates talking about the questions or answers they gave. We are relying on your independent spirit and integrity to give answers based on your OWN opinions and experiences, regardless of what you may have heard.

Please work as quickly as you can. If you don't find an answer that fits exactly, choose one that comes closest. You should not compare or discuss your answers with other students while you are taking the survey, but you may ask your teacher or survey administrator if you do not understand a question.

Until you click **Done>>** at the end, you may back up and change answers. To discontinue taking the survey, click the Exit Survey box. If you exit, you are all finished, and cannot return to the survey later. When you have completed the survey, click **Done>>** and wait for instructions from your teacher.

## SECTION 1: Questions About You.

### 1. What is your age today?

Less Than 12     12     13     14     15     16     17     18     More Than 18

### 2. What grade are you in now?

7     8     9     10     11     12

### 3. What is your gender?

Female     Male

### 4. Do you think of yourself as Hispanic or Latino?

NO     YES

### 5. How do you describe yourself?

White or Caucasian

Black or African American

Asian or Pacific Islander

Native American

Other (please specify)

## 6. In my home, there are/is:

- Two parents or guardians
- A single parent or guardian
- Other

## 7. Do you have asthma?

- No
- Yes, I have been diagnosed by a doctor
- I think so, but I have never been diagnosed by a doctor

## SECTION 2: Questions About School, Spending Time, Relationships.

## 8. On a regular weekday, how many hours do you usually spend after school without an adult present?

- None
- Less Than 1 Hour
- 1 To 2 Hours
- Up To 4 Hours
- More Than 4 Hours

## 9. What kind of grades do you mostly get? (Please choose one or two)

- A's                       B's                       C's                       D's                       F's

## 10. Please choose how true the following statements are for you

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
I try hard to do good work at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I want very much to get more education after high school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to me to get good grades	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have given up on school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 11. How many hours a day do you usually spend doing homework?

- None
- Less Than 1 Hour
- 1 to 3 Hours
- 3 to 5 Hours
- More Than 5 Hours

## 12. Are you involved in athletics? (Please choose all that apply.)

- No
- Yes -- informal, not through an organization
- Yes, organized outside school (Recreation Dept., etc.)
- Yes, school physical education activities
- Yes, school intramural sports
- Yes, on varsity, JV or freshman team(s) representing my school.

## 13. How many hours a week do you usually spend:

	None	Up To 3 Hours	3 To 7 Hours	More Than 7 Hours
Exercising, working out, or playing informal sports?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing or practicing organized sports (like intramurals or varsity)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In clubs (like school clubs, scouts, or boys & girls club)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching TV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reading books, magazines or newspapers?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hanging out with friends at your or their home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hanging out with friends at malls or other public areas?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working for money outside your home (like baby sitting, paper route, or a paying job)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helping around the house (like baby sitting, fixing dinner, or yard work)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Doing volunteer work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a band, choir, orchestra, or playing a musical instrument?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attending religious services, groups or programs at a church, synagogue, or temple?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer for recreation (email, online, etc.) not related to school work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing video games?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking or texting on the telephone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listening to music?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



## 20. How old were you when you first smoked a cigarette?

9 Years Or Younger  
  10  
  11  
  12  
  13  
  14  
  15  
  16  
  17 Years Or Older

## 21. How often do you get cigarettes from:

	Never	Sometimes	Often
Your parents, <i>with</i> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your parents, <i>without</i> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your brother(s) or sister(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Store (you buy them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Machines (you buy them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 22. On how many occasions have you smoked cigarettes *in your whole lifetime*?

1-2 Times  
  3-5 Times  
  6-10 Times  
  More Than 10 Times

## 23. How many days did you smoke cigarettes *in the past 30 days*??

None  
  1-2 Days  
  3-5 Days  
  6-10 Days  
  More Than 10 Days

## 24. During *the past 30 days*, on the days you smoked, how many cigarettes did you smoke?

Less than one cigarette a day  
 1 to 5 cigarettes a day  
 Up to 1/2 a pack (10 cigarettes) a day  
 More than 1/2 a pack a day

## 25. How much do you think people about your age risk harming themselves (physically or in other ways) if they smoke a pack of cigarettes or more per day?

No Risk  
  Slight Risk  
  Moderate Risk  
  Great Risk

## 26. How wrong do your parents feel it would be for you to smoke cigarettes?

Not At All Wrong  
  A Little Bit Wrong  
  Wrong  
  Very Wrong

**27. What is the most severe thing that is likely to happen to a student who is caught smoking a cigarette or using smokeless tobacco at school?**

- Nothing
- Sent to principal's office for a lecture
- Detention
- Suspension
- Expulsion
- I don't know

**28. About how many students in your grade do you think smoke cigarettes?**

- Fewer than 5% (fewer than 1 in 20)
- Between 5% and 10%
- Between 10% and 20%
- Between 20% and 30%
- Between 30% and 50%
- More than 50%

**29. In your whole lifetime on how many occasions have you used tobacco products other than cigarettes, like chewing tobacco, snuff, cigars, cigarillos, or a pipe?**

- Never
- 1-2 Times
- 3-10 Times
- More Than 10 Times

**30. In the past 30 days, what kinds of tobacco products other than cigarettes have you used? (Please check all that apply.)**

- Smokeless tobacco (like chewing tobacco or snuff)
- Cigars, cigarillos, or little cigars
- A pipe
- Other (please specify)

## **SECTION 4: Questions About Alcoholic Beverages.**

# Westport Youth 2011

**31. Please choose how true this statement is for you:**

**My family has clear rules to discourage me from drinking alcoholic beverages.**

Definitely NOT True       Mostly NOT True       Mostly True       Definitely True

**32. Do either of your parents/guardians drink alcoholic beverages?**

NO       YES

**33. Do any of your brothers or sisters drink alcoholic beverages?**

NO       YES       I don't know       I don't have any brothers or sisters

**34. Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?**

NO       YES

**35. Have you ever had an alcoholic beverage (more than one or two sips) like beer, wine, or hard liquor (vodka, whiskey, gin, etc.)?**

NO       YES

**36. How old were you when you first began drinking alcohol - more than one or two sips - of beer, wine, or hard liquor?**

9 Years Or Younger     10     11     12     13     14     15     16     17 Years Or Older

**37. How often do you get alcoholic beverages from:**

	Never	Sometimes	Often
Home, <u>with</u> your parents' permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home, <u>without</u> your parents' permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your brother(s) or sister(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
From other people who buy it for you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult (21 or older) present who <u>knows</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult present who does <u>not know</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>without</u> an adult present?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a restaurant?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a store or bar (you buy it)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**38. On how many occasions have you had beer, wine, or hard liquor in your whole lifetime?**

- 1-2 Times
  3-5 Times
  6-10 Times
  More Than 10 Times

**39. On how many occasions in your lifetime have you been drunk or very high from drinking alcoholic beverages?**

- Never
  1-2 Occasions
  3-9 Occasions
  10 Or More Occasions

**40. On how many days did you have beer, wine, or hard liquor in the past 30 days?**

- None
  1-2 Times
  3-5 Times
  6-10 Times
  More Than 10 Times

**41. In the past month, on the days you drank, how many drinks did you usually have?**

- 1 Drink Or Less
  2-3 Drinks
  3-4 Drinks
  5 Drinks Or More

**42. In the past month, how many times did you drink alcoholic beverages:**

	None	1-2 Times	3-5 Times	5-10 Times	More Than 10 Times
At your home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On the street, in the woods, or in parks or fields?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With older friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At the homes of other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At school activities, like dances or sporting events?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When skipping school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
While you were driving a car, truck or motorcycle?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult (21 or older) present who <u>knows</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult present who does <u>not know</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>without</u> an adult present?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# Westport Youth 2011

**43. Thinking of people about your age who drink alcoholic beverages, how important do you think the following reasons were for them to begin drinking? (Please rate each choice.)**

	Very Important	Somewhat Important	Not Very Important
To fit in with friends	jq	jq	jq
Parent or others in family drink	jq	jq	jq
Alcoholic beverages easily available	jq	jq	jq
Family tradition for special occasions	jq	jq	jq
Personal choice	jq	jq	jq
Fits chosen lifestyle	jq	jq	jq
Boredom	jq	jq	jq
Relieve stress	jq	jq	jq
Curiosity	jq	jq	jq
To have fun	jq	jq	jq
Not sure why	jq	jq	jq

Other (please specify)

**44. Thinking of people your age who do not not drink, how important do you think the following reasons are that influence them not to drink? (Please rate each choice.)**

	Very Important	Somewhat Important	Not Very Important
Personal choice	jq	jq	jq
Disapproval of parent(s)	jq	jq	jq
Disapproval of friends or peers	jq	jq	jq
Bad experiences of family or friends	jq	jq	jq
Education about alcohol	jq	jq	jq
Health reasons	jq	jq	jq
Legal reasons (including "I am too young")	jq	jq	jq
Because they feel it is wrong (ethically or morally)	jq	jq	jq
Does not fit chosen lifestyle (athletics or other activities)	jq	jq	jq
Alcoholic beverages are not available	jq	jq	jq

Other (please specify)

**45. How much do you think people about your age risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, or liquor) every day?**

No Risk

Slight Risk

Moderate Risk

Great Risk

**46. How wrong do your parents feel it would be for you to drink beer, wine, or hard liquor twice a month or more?**

Not At All Wrong

A Little Bit Wrong

Wrong

Very Wrong

**47. What is the most severe thing that is likely to happen to a student who is caught with an alcoholic beverage at school?**

Nothing

Sent to principal's office for a lecture

Detention

Suspension

Expulsion

I don't know

**48. About how many student in your grade do you think drink alcoholic beverages twice a month or more?**

Fewer than 10% (fewer than 1 in 10)

Between 10% and 25%

Between 25% and 50%

Between 50% and 75%

Between 75% and 90%

More than 90%

## 49. How important do you think the following are in preventing kids from drinking alcoholic beverages?

	Very Important	Somewhat Important	Not Important	Don't Know
High price	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Checking ID in stores and bars	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advertisements that show the problems associated with drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends who don't drink	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends who disapprove of drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parental strictness about drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having driver's license suspended for drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being fined about \$200 for drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol education in school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol-free activities (like dances, concerts, or sporting events)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fear of addiction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathalyzer tests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 5: Marijuana and Other Drugs.

### 50. Have you ever used marijuana?

NO

YES

### 51. How old were you when you first used marijuana?

10 Years  
Or Younger

11

12

13

14

15

16

17 Years  
Or Older

### 52. On how many occasions have you used marijuana in your whole lifetime?

1-2 Times

3-5 Times

6-10 Times

More Than 10 Times

## 53. How many days did you use marijuana *in the past 30 days??*

- None
- 1-2 Days
- 3-5 Days
- 6-10 Days
- More Than 10 Days

## 54. Thinking of people about your age who use marijuana, how important do you think the following reasons were for them to start? (Please rate each choice.)

	Very Important	Somewhat Important	Not Very Important
To fit in with friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adults they know use marijuana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana is easily available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal choice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fits chosen lifestyle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boredom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relieve stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Curiosity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To have fun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not sure why	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (please specify)	<input type="text"/>		

**55. Thinking of people your age who do not use marijuana, how important do you think the following reasons were in influencing them not to start? (Please rate each choice.)**

	Very Important	Somewhat Important	Not Very Important
Personal choice	jm	jm	jm
Disapproval of parent(s)	jm	jm	jm
Disapproval of friends or peers	jm	jm	jm
Bad experiences of family or friends	jm	jm	jm
Education about marijuana	jm	jm	jm
Health reasons	jm	jm	jm
Legal reasons	jm	jm	jm
Because they feel it is wrong (ethically or morally)	jm	jm	jm
Does not fit chosen lifestyle (athletics or other activities)	jm	jm	jm
Marijuana is not available	jm	jm	jm
Other (please specify)			
<input type="text"/>			

**56. How much do you think people about your age risk harming themselves (physically or in other ways) if they use marijuana regularly?**

jm No Risk                      jm Slight Risk                      jm Moderate Risk                      jm Great Risk

**57. How wrong do your parents feel it would be for you to use marijuana?**

jm Not At All Wrong                      jm A Little Bit Wrong                      jm Wrong                      jm Very Wrong

**58. What is the most severe thing that is likely to happen to a student who is caught with marijuana at school?**

- jm Nothing
- jm Sent to principal's office for a lecture
- jm Detention
- jm Suspension
- jm Expulsion
- jm I don't know

## 59. About how many students in your grade do you think use marijuana?

- Fewer than 5% (fewer than 1 in 20)
- Between 5% and 10%
- Between 10% and 20%
- Between 20% and 30%
- Between 30% and 50%
- More than 50%

## 60. Have you EVER used any of these drug(s)?

	NO, Never	YES, But NOT in the Past 30 Days	YES, In Past 30 Days
Inhalants (things you sniff or inhale to get high)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cocaine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crack cocaine (rock)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Allovides (vites)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hallucinogens (LSD, acid, mushrooms)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heroin	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angel Dust (PCP)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
MDMA (Ecstasy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Salvia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ketamine (Special K)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GHB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Methamphetamine (Meth)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Synthetic cannabinoids (Spice, K2, K3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 61. Have you ever used any of these drug(s) on your own, without your own prescription or a doctor or dentist telling you to?

	No, Never	Yes, But NOT in the Past 30 Days	Yes, In Past 30 Days
Prescription pain medicines (for example OxyContin, Vicodin, Percodan, Codeine, or Dilaudid)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroids (juice, roids)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Downers (for example barbiturates, sleeping pills, sedatives, Quaaludes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tranquilizers (for example Librium, Valium, or Xanax)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Uppers (for example Ritalin, Adderall, Amphetamines, or Speed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diet pills, to try to get "high"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Over-the-counter medicines to try to get "high" (for example cough medicines, mouthwash)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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## 68. In the past year, did you

	NO	YES
Steal something worth less than \$100?	jñ	jñ
Get suspended or expelled from school?	jñ	jñ
Get into trouble with the police?	jñ	jñ
Pick a fight with someone, not a family member?	jñ	jñ
Physically attack someone with the idea of hurting them?	jñ	jñ
Bully someone with the idea of hurting their feelings?	jñ	jñ
Cheat on a test at school?	jñ	jñ
Sell illegal drugs?	jñ	jñ
Buy illegal drugs?	jñ	jñ
Purposely damage property that did not belong to you?	jñ	jñ
Carry a knife, gun, or other weapon?	jñ	jñ
Bring a knife, gun, or other weapon to school?	jñ	jñ
Get arrested?	jñ	jñ
Play games for money, like poker or blackjack?	jñ	jñ
Place bets online?	jñ	jñ
Scratch tickets for money?	jñ	jñ
Ride as a passenger with a driver under age 21 who had been drinking alcohol?	jñ	jñ
Ride as a passenger with a driver who had been using drugs?	jñ	jñ

## 69. How many of your close friends:

	NONE	SOME	MOST
Smoke cigarettes?	jñ	jñ	jñ
Drink beer, wine, wine coolers, or hard liquor?	jñ	jñ	jñ
Use marijuana?	jñ	jñ	jñ
Use inhalants (things you inhale, like glue, paint, aerosol sprays, whippets, or snappers)	jñ	jñ	jñ
Have tried a drug like cocaine, LSD, heroin, amphetamine, or ketamine?	jñ	jñ	jñ
Have used prescription medicines on their own, without a doctor telling them to?	jñ	jñ	jñ
Have played games for money, like poker or blackjack?	jñ	jñ	jñ
Are considered "bullies"?	jñ	jñ	jñ

## SECTION 7: Your Personal Traits and Opinions.

## 70. How much do you disagree or agree with the following?

	Strongly Disagree	Disagree	Agree	Strongly Agree
I am good at making friends.	jn	jn	jn	jn
I feel no one understands me.	jn	jn	jn	jn
At times, I think I am no good at all.	jn	jn	jn	jn
I feel lonely.	jn	jn	jn	jn
I am good at making decisions.	jn	jn	jn	jn
I feel that no one really cares about me.	jn	jn	jn	jn
I feel I do not have much to be proud of.	jn	jn	jn	jn
I think I have a good sense of humor.	jn	jn	jn	jn
I often have trouble sleeping.	jn	jn	jn	jn
I feel sad most of the time.	jn	jn	jn	jn
On the whole, I like myself.	jn	jn	jn	jn
I have so much energy, I don't know what to do with it.	jn	jn	jn	jn
I have less energy than I think I should.	jn	jn	jn	jn
I have a number of good qualities.	jn	jn	jn	jn
All in all, I am glad I am me.	jn	jn	jn	jn
I am restless and can't sit still.	jn	jn	jn	jn
I have trouble concentrating.	jn	jn	jn	jn
If someone were bullying a friend or classmate, I would stick up for them or get help from an adult.	jn	jn	jn	jn

## 71. When you have a problem that bothers you, how often do you:

	Never Or Almost Never	Sometimes	Often	Always Or Almost Always
Talk about it with your parent(s) or guardian(s)?	jn	jn	jn	jn
Talk about it with a relative, other than a parent (like a grandparent, aunt or uncle)?	jn	jn	jn	jn
Talk about it with a teacher?	jn	jn	jn	jn
Talk about it with a mentor or counselor?	jn	jn	jn	jn
Talk about it with an adult who is not a family member and not a teacher?	jn	jn	jn	jn
Talk about it with a brother or sister?	jn	jn	jn	jn
Talk about it with a friend?	jn	jn	jn	jn
Keep it to yourself?	jn	jn	jn	jn

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## 72. How wrong do you think it is for someone your age to:

	Not At All Wrong	Somewhat Wrong	Very Wrong
Drink beer, wine, wine coolers, or hard liquor?	jn	jn	jn
Smoke cigarettes?	jn	jn	jn
Use marijuana?	jn	jn	jn
Purposely damage property that does not belong to them?	jn	jn	jn
Carry a knife, gun, or other weapon?	jn	jn	jn
Steal something worth less than \$100?	jn	jn	jn
Pick a fight with someone, not a family member?	jn	jn	jn
Physically attack someone with the idea of seriously hurting them?	jn	jn	jn
Tease or taunt someone with the idea of hurting their feelings?	jn	jn	jn
Say or do nothing if a friend bullies someone?	jn	jn	jn
Use inhalants (things you sniff to get high)?	jn	jn	jn
Cheat on a test at school?	jn	jn	jn
Drink and drive?	jn	jn	jn
Play games for money, like poker or blackjack?	jn	jn	jn
Place bets, online or in person?	jn	jn	jn
Play scratch tickets for money?	jn	jn	jn

Everybody in Westport thanks you very much for sharing your thoughts and experiences!

Make sure you are all finished, then click on **Done>>** at the bottom.

**Thanks!!**